



**Emma Restall Orr**  
**Skeptiko #346**

1  
00:00:12,200 --> 00:00:09,500  
on this episode of skeptical and I think

2  
00:00:15,410 --> 00:00:12,210  
that's the sadness about so much of

3  
00:00:17,570 --> 00:00:15,420  
science because it's taken us from do

4  
00:00:20,120 --> 00:00:17,580  
you know where Christianity in our

5  
00:00:22,490 --> 00:00:20,130  
British culture Christianity was so

6  
00:00:24,890 --> 00:00:22,500  
thick and it laid in the authorities and

7  
00:00:27,140 --> 00:00:24,900  
it knew exactly told everybody exactly

8  
00:00:29,599 --> 00:00:27,150  
what to think what to feel how to behave

9  
00:00:32,780 --> 00:00:29,609  
and then science has taken over and done

10  
00:00:34,700 --> 00:00:32,790  
exactly the same thing that was a

11  
00:00:37,549 --> 00:00:34,710  
problem in Christianity and it's a

12  
00:00:40,780 --> 00:00:37,559  
problem in science stay with us

13  
00:00:51,720 --> 00:00:49,310

[Music]

14

00:00:53,460 --> 00:00:51,730

welcome to skeptic Oh where we explore

15

00:00:56,100 --> 00:00:53,470

controversial science and spirituality

16

00:00:56,880 --> 00:00:56,110

with leading researchers and crews and

17

00:00:59,340 --> 00:00:56,890

their critics

18

00:01:02,570 --> 00:00:59,350

I'm your host Alex seekers and I suppose

19

00:01:05,990 --> 00:01:02,580

I reel on and on about the absurdity of

20

00:01:08,070 --> 00:01:06,000

mainstream sciences position re

21

00:01:09,870 --> 00:01:08,080

consciousness that is this idea that

22

00:01:11,820 --> 00:01:09,880

it's basically an illusion a product of

23

00:01:13,469 --> 00:01:11,830

the brain biological robot meaningless

24

00:01:15,900 --> 00:01:13,479

universe off head stuff you heard a

25

00:01:17,640 --> 00:01:15,910

million times is that we still debated

26

00:01:20,130 --> 00:01:17,650

that it's still respectable for

27

00:01:22,560 --> 00:01:20,140

mainstream science intellectual types

28

00:01:24,450 --> 00:01:22,570

academia types to to kick those ideas

29

00:01:26,790 --> 00:01:24,460

around in while I'm over and really dig

30

00:01:29,280 --> 00:01:26,800

into them well it's just ridiculous so

31

00:01:31,889 --> 00:01:29,290

it's quite refreshing when someone who's

32

00:01:34,200 --> 00:01:31,899

totally on the outside and has the

33

00:01:37,020 --> 00:01:34,210

dubious distinction of being a prominent

34

00:01:39,060 --> 00:01:37,030

member of the neo druid neo-pagan

35

00:01:41,430 --> 00:01:39,070

community let alone the fact that she's

36

00:01:43,260 --> 00:01:41,440

a woman it's just fascinating when

37

00:01:44,820 --> 00:01:43,270

someone like that can step forward and

38

00:01:47,430 --> 00:01:44,830

just kind of kick the out of

39

00:01:49,680 --> 00:01:47,440  
materialism very succinctly very

40

00:01:51,060 --> 00:01:49,690  
concisely and do so in a way that brings

41

00:01:54,870 --> 00:01:51,070  
us back to that question that I always

42

00:01:57,390 --> 00:01:54,880  
ask how can this be so Emma rest'll or

43

00:01:59,760 --> 00:01:57,400  
is our guest today she's the author of

44

00:02:01,920 --> 00:01:59,770  
many very interesting books extremely

45

00:02:04,140 --> 00:02:01,930  
articulate extremely well-written we of

46

00:02:06,719 --> 00:02:04,150  
course do not agree on some things on

47

00:02:08,910 --> 00:02:06,729  
many things but we agree on many more

48

00:02:11,520 --> 00:02:08,920  
and it was certainly fun and delightful

49

00:02:14,130 --> 00:02:11,530  
to have her on skeptic oh and to have

50

00:02:17,880 --> 00:02:14,140  
her join me in this conversation here's

51  
00:02:20,370 --> 00:02:17,890  
my interview with Emma Russell or today

52  
00:02:22,350 --> 00:02:20,380  
we welcome Emma Russell or - skeptic Oh

53  
00:02:26,220 --> 00:02:22,360  
Emma is the author of several books

54  
00:02:29,610 --> 00:02:26,230  
including the wakeful world animism mind

55  
00:02:32,070 --> 00:02:29,620  
and the self in nature in which she

56  
00:02:35,370 --> 00:02:32,080  
suggests that animism this idea that

57  
00:02:39,390 --> 00:02:35,380  
everything even rocks trees stars are

58  
00:02:42,990 --> 00:02:39,400  
alive with consciousness well she dares

59  
00:02:46,590 --> 00:02:43,000  
to suggest that this radical crazy idea

60  
00:02:49,640 --> 00:02:46,600  
is actually a coherent alternative to

61  
00:02:51,600 --> 00:02:49,650  
scientific materialism so I of course

62  
00:02:53,400 --> 00:02:51,610  
anyone who's listening to this show

63  
00:02:56,729 --> 00:02:53,410

knows that I'm saying that

64

00:02:58,680 --> 00:02:56,739

tongue-in-cheek because we all know that

65

00:03:00,440 --> 00:02:58,690

scientific materialism has been shown

66

00:03:03,380 --> 00:03:00,450

over and over again to be

67

00:03:06,080 --> 00:03:03,390

many things but at its core just bad

68

00:03:08,660 --> 00:03:06,090

science so I don't think that's going to

69

00:03:11,780 --> 00:03:08,670

be surprising to you but I think Emma's

70

00:03:14,059 --> 00:03:11,790

approach might be a little bit different

71

00:03:16,940 --> 00:03:14,069

and interesting to skeptical listeners

72

00:03:20,600 --> 00:03:16,950

because Emma has a longtime background

73

00:03:22,790 --> 00:03:20,610

as a druid and a neo-pagan so we're

74

00:03:24,320 --> 00:03:22,800

going to have some funds times talking

75

00:03:27,860 --> 00:03:24,330

about a whole bunch of different stuff

76

00:03:29,839 --> 00:03:27,870

let me start by saying Emma welcome to

77

00:03:32,540 --> 00:03:29,849

sceptical thank you so much for joining

78

00:03:35,090 --> 00:03:32,550

me thank you Alex it's a pleasure to be

79

00:03:38,180 --> 00:03:35,100

here I hope after your introduction

80

00:03:40,970 --> 00:03:38,190

there I can actually make some sense of

81

00:03:43,340 --> 00:03:40,980

my thoughts instead of just open my arms

82

00:03:46,729 --> 00:03:43,350

and say listen this is how I experience

83

00:03:48,680 --> 00:03:46,739

life you know I think you'll do quite

84

00:03:49,970 --> 00:03:48,690

fine you know one of the things that uh

85

00:03:52,699 --> 00:03:49,980

you know I have personally I have to

86

00:03:55,220 --> 00:03:52,709

give a compliment and a praise to my

87

00:03:56,870 --> 00:03:55,230

friend Mike Patterson who kind of nudged

88

00:03:58,160 --> 00:03:56,880

me into doing this interview and Mike

89  
00:03:59,570 --> 00:03:58,170  
has helped me with some other shows and

90  
00:04:00,920 --> 00:03:59,580  
he said wow you know this is really a

91  
00:04:03,440 --> 00:04:00,930  
cool book I think it's right up your

92  
00:04:06,470 --> 00:04:03,450  
alley and I looked and I go wow this is

93  
00:04:09,289 --> 00:04:06,480  
really interesting and at the same time

94  
00:04:11,599 --> 00:04:09,299  
I was intrigued by the whole druid thing

95  
00:04:13,340 --> 00:04:11,609  
is I think a lot of people will be but

96  
00:04:14,479 --> 00:04:13,350  
you don't have a lot of presentations

97  
00:04:17,300 --> 00:04:14,489  
out there which is the other thing that

98  
00:04:19,490 --> 00:04:17,310  
is exciting to me you know and really

99  
00:04:22,580 --> 00:04:19,500  
gets my juices going from a skeptical

100  
00:04:24,770 --> 00:04:22,590  
perspective because you are so brilliant

101  
00:04:27,020 --> 00:04:24,780  
I mean you just are and your book is

102  
00:04:29,270 --> 00:04:27,030  
great and yet I go and look for

103  
00:04:31,310 --> 00:04:29,280  
interviews for you or see you all over

104  
00:04:32,930 --> 00:04:31,320  
the web and you're not I mean there's a

105  
00:04:35,719 --> 00:04:32,940  
couple of presentations on YouTube but

106  
00:04:37,340 --> 00:04:35,729  
not a lot of kind of give-and-take in if

107  
00:04:39,409 --> 00:04:37,350  
you sound like wow this is really

108  
00:04:41,719 --> 00:04:39,419  
something that needs to be done so it's

109  
00:04:44,450 --> 00:04:41,729  
it really is great to have you on well

110  
00:04:48,040 --> 00:04:44,460  
in part that is because I'm not out

111  
00:04:52,610 --> 00:04:48,050  
there much because what I found was for

112  
00:04:56,629 --> 00:04:52,620  
decades perhaps 25 years I was out there

113  
00:04:58,820 --> 00:04:56,639

um but almost 10 years ago it started to

114

00:05:01,850 --> 00:04:58,830

feel as if being out in the public eye

115

00:05:07,659 --> 00:05:01,860

and everything all the compromises that

116

00:05:12,070 --> 00:05:07,669

that meant being um traveling a lot

117

00:05:16,179 --> 00:05:12,080

and being in environments where I didn't

118

00:05:19,809 --> 00:05:16,189

feel comfortable seemed to me to dilute

119

00:05:22,659 --> 00:05:19,819

my experience of and I'll have to say

120

00:05:25,300 --> 00:05:22,669

God my experience of God and I know that

121

00:05:28,179 --> 00:05:25,310

in saying that word I'm provoking more

122

00:05:30,459 --> 00:05:28,189

queries and eyebrows raised as well but

123

00:05:33,339 --> 00:05:30,469

my experience of I was I was perhaps

124

00:05:35,909 --> 00:05:33,349

talking more than I was walking my

125

00:05:39,730 --> 00:05:35,919

experience of spirituality of God of

126

00:05:42,309 --> 00:05:39,740

presence in peace of my understanding of

127

00:05:44,740 --> 00:05:42,319

the world and I wanted to stop talking

128

00:05:47,529 --> 00:05:44,750

and do more walking do more walking in

129

00:05:50,320 --> 00:05:47,539

that respect so I haven't been out there

130

00:05:52,570 --> 00:05:50,330

pushing myself also pushing yourself

131

00:05:57,010 --> 00:05:52,580

requires a measure of ego it requires a

132

00:06:00,570 --> 00:05:57,020

coherence of self a sanity within a

133

00:06:04,420 --> 00:06:00,580

world that works on a materialistic

134

00:06:06,999 --> 00:06:04,430

basis and I don't feel sane within that

135

00:06:12,369 --> 00:06:07,009

perspective I am saying within an

136

00:06:15,869 --> 00:06:12,379

animistic selfless coherent but my self

137

00:06:18,459 --> 00:06:15,879

is a little shaky in in the modern world

138

00:06:20,740 --> 00:06:18,469

which is why I'm not out there so much I

139

00:06:22,719 --> 00:06:20,750

can be out there a little bit insane you

140

00:06:24,670 --> 00:06:22,729

might find me a bit into thing you know

141

00:06:26,769 --> 00:06:24,680

you just said about ten things that we

142

00:06:28,659 --> 00:06:26,779

could pull apart different have a whole

143

00:06:30,939 --> 00:06:28,669

conversation about each one because it's

144

00:06:32,260 --> 00:06:30,949

awesome let me just frame this up for

145

00:06:34,779 --> 00:06:32,270

people a little bit to give a little

146

00:06:37,240 --> 00:06:34,789

context what you're saying you are

147

00:06:39,490 --> 00:06:37,250

perhaps and at least according to my

148

00:06:41,110 --> 00:06:39,500

friends at Wikipedia and I'm really

149

00:06:43,119 --> 00:06:41,120

saying that tongue-in-cheek when I say

150

00:06:45,550 --> 00:06:43,129

that but you know you're one of the most

151  
00:06:46,990 --> 00:06:45,560  
famous druids in the world I mean you

152  
00:06:49,389 --> 00:06:47,000  
just have to live it that's the truth

153  
00:06:51,459 --> 00:06:49,399  
you know and you think I'm gonna jump

154  
00:06:54,790 --> 00:06:51,469  
right in there and say perhaps ten years

155  
00:06:56,559 --> 00:06:54,800  
ago I was well that's gonna stay there

156  
00:06:58,029 --> 00:06:56,569  
for a while so okay you're going to be

157  
00:07:00,959 --> 00:06:58,039  
humble and say other people have passed

158  
00:07:04,809 --> 00:07:00,969  
you by because you've made this very

159  
00:07:07,540 --> 00:07:04,819  
same decision to you know walk the walk

160  
00:07:09,490 --> 00:07:07,550  
and you can't be talking about the evils

161  
00:07:11,230 --> 00:07:09,500  
of materialism and then trying to pile

162  
00:07:13,899 --> 00:07:11,240  
on the end justifies the means

163  
00:07:15,490 --> 00:07:13,909

materialism to get ahead which is young

164

00:07:17,320 --> 00:07:15,500

stuff we're going to talk about but

165

00:07:19,210 --> 00:07:17,330

still I just want people to know I mean

166

00:07:23,230 --> 00:07:19,220

you are or

167

00:07:26,410 --> 00:07:23,240

were major figure in this thing that

168

00:07:28,330 --> 00:07:26,420

kind of reached critical mass in terms

169

00:07:30,280 --> 00:07:28,340

of consciousness of a lot of people and

170

00:07:32,950 --> 00:07:30,290

then you go to your website and it says

171

00:07:35,890 --> 00:07:32,960

well my time within Druidry was enormous

172

00:07:39,220 --> 00:07:35,900

ly valuable I will no longer term myself

173

00:07:40,900 --> 00:07:39,230

a druid so very cool and I think you

174

00:07:43,270 --> 00:07:40,910

just handled that in a beautiful way but

175

00:07:46,000 --> 00:07:43,280

maybe feel people in a little bit on

176

00:07:49,420 --> 00:07:46,010

that back story and what you went

177

00:07:52,360 --> 00:07:49,430

through and how you became and why you

178

00:07:56,350 --> 00:07:52,370

felt it was necessary to be so prominent

179

00:08:01,030 --> 00:07:56,360

in this druid community I think um I

180

00:08:03,610 --> 00:08:01,040

studied um philosophies spiritualities I

181

00:08:05,800 --> 00:08:03,620

was the kind of kid in my teens who read

182

00:08:08,380 --> 00:08:05,810

bekenstein who read the Quran who read

183

00:08:13,270 --> 00:08:08,390

the Bible who read you know the Vedas I

184

00:08:16,120 --> 00:08:13,280

just voraciously it explored everything

185

00:08:18,040 --> 00:08:16,130

my husband went to Oxford University to

186

00:08:19,690 --> 00:08:18,050

read philosophy and I read his

187

00:08:24,130 --> 00:08:19,700

philosophy books which he didn't bother

188

00:08:26,050 --> 00:08:24,140

to read that was I was like 17 17 18

189

00:08:29,530 --> 00:08:26,060

years old and just exploring everything

190

00:08:32,250 --> 00:08:29,540

and asking all the key questions but I

191

00:08:35,080 --> 00:08:32,260

was also brought up my parents were are

192

00:08:37,380 --> 00:08:35,090

well they're they're coming towards you

193

00:08:39,219 --> 00:08:37,390

know they're in their retirement now and

194

00:08:41,920 --> 00:08:39,229

meandering in different worlds but

195

00:08:44,560 --> 00:08:41,930

they're my mother's a botanist my father

196

00:08:47,860 --> 00:08:44,570

is an ornithologist and so I was brought

197

00:08:50,530 --> 00:08:47,870

up in the wild I was brought up with an

198

00:08:53,110 --> 00:08:50,540

understanding with of teaching that

199

00:08:55,180 --> 00:08:53,120

nature is the most important thing it's

200

00:08:59,050 --> 00:08:55,190

what you focus on is what life is about

201  
00:09:01,810 --> 00:08:59,060  
so my exploration my search for God went

202  
00:09:03,940 --> 00:09:01,820  
hand in hand with my immersion in the

203  
00:09:06,640 --> 00:09:03,950  
nonhuman world the natural world and the

204  
00:09:09,750 --> 00:09:06,650  
study of it my father is very much a

205  
00:09:14,440 --> 00:09:09,760  
scientific ornithologist he's he's a

206  
00:09:17,950 --> 00:09:14,450  
he's not sentimental in any way so when

207  
00:09:25,410 --> 00:09:17,960  
I I lived in Japan for a while and found

208  
00:09:28,900 --> 00:09:25,420  
that there the spirituality the deep

209  
00:09:30,759 --> 00:09:28,910  
experience of life the understanding the

210  
00:09:32,859 --> 00:09:30,769  
sacred the aesthetic

211  
00:09:34,299 --> 00:09:32,869  
really touched my heart I started to

212  
00:09:36,910 --> 00:09:34,309  
understand it but I started thinking

213  
00:09:39,699 --> 00:09:36,920

well these aren't my ancestors Shinto is

214

00:09:42,519 --> 00:09:39,709

very close to Druidry in that respect

215

00:09:44,769 --> 00:09:42,529

it's a it's very much about ancestors

216

00:09:47,739 --> 00:09:44,779

but within the context of the natural

217

00:09:52,269 --> 00:09:47,749

world so I came back to England to seek

218

00:09:55,509 --> 00:09:52,279

out my own ancestors my ancestry and to

219

00:10:00,009 --> 00:09:55,519

find a religion spirituality a

220

00:10:03,879 --> 00:10:00,019

philosophy of being that was from this

221

00:10:06,249 --> 00:10:03,889

land I had a friend in in Maine druid in

222

00:10:09,910 --> 00:10:06,259

a student of mine who's now in Maine in

223

00:10:11,650 --> 00:10:09,920

the state and he said to me once when he

224

00:10:15,359 --> 00:10:11,660

came over to England he said I

225

00:10:18,669 --> 00:10:15,369

understand that what you mean Druidry is

226

00:10:20,350 --> 00:10:18,679

this landscape in England it's the

227

00:10:22,439 --> 00:10:20,360

English land with or the British

228

00:10:25,960 --> 00:10:22,449

landscape it's the mud trees the wind

229

00:10:28,239 --> 00:10:25,970

it's the religion of these islands yeah

230

00:10:29,799 --> 00:10:28,249

okay but that's that's also kind of

231

00:10:31,960 --> 00:10:29,809

tricky I mean it's kind of like

232

00:10:34,030 --> 00:10:31,970

Christianity you know it sounds good and

233

00:10:38,319 --> 00:10:34,040

then when you start really pulling apart

234

00:10:40,359 --> 00:10:38,329

that history and the Celtic past and it

235

00:10:42,639 --> 00:10:40,369

gets really kind of blurry about who

236

00:10:44,289 --> 00:10:42,649

those people really were so I totally

237

00:10:46,660 --> 00:10:44,299

get what you're saying on one level but

238

00:10:47,829 --> 00:10:46,670

on another level but you've come up

239

00:10:49,720 --> 00:10:47,839

you've come at it from the wrong

240

00:10:53,319 --> 00:10:49,730

perspective if I might say you've come

241

00:10:56,259 --> 00:10:53,329

at it from up from the perspective of an

242

00:10:58,749 --> 00:10:56,269

accepted narrative instead of the

243

00:11:01,539 --> 00:10:58,759

perspective of experience and then use

244

00:11:05,079 --> 00:11:01,549

the word to describe the experience so

245

00:11:07,210 --> 00:11:05,089

Druidry is the earliest word we have for

246

00:11:09,129 --> 00:11:07,220

the religion of these lands we

247

00:11:11,650 --> 00:11:09,139

understand one of the earliest texts

248

00:11:13,840 --> 00:11:11,660

describes story for Caesar describes

249

00:11:15,549 --> 00:11:13,850

Druidry is coming from these islands

250

00:11:19,900 --> 00:11:15,559

whether that's true or not doesn't

251

00:11:22,299 --> 00:11:19,910

matter but we can't talk about Druidry

252

00:11:24,609 --> 00:11:22,309

as the religion of the Celts when we

253

00:11:26,109 --> 00:11:24,619

don't really understand the Celts aren't

254

00:11:29,909 --> 00:11:26,119

really a part of these islands at all

255

00:11:32,139 --> 00:11:29,919

that's just a political you know after

256

00:11:34,179 --> 00:11:32,149

description it's not about what was

257

00:11:34,720 --> 00:11:34,189

happening here two-and-a-half thousand

258

00:11:36,699 --> 00:11:34,730

years ago

259

00:11:38,169 --> 00:11:36,709

point well-taken point well taken but

260

00:11:39,789 --> 00:11:38,179

just let me interject because it's kind

261

00:11:42,429 --> 00:11:39,799

of an interesting dialogue I've never

262

00:11:44,259 --> 00:11:42,439

really had this with anyone in the past

263

00:11:44,750 --> 00:11:44,269

but you're hitting on something I think

264

00:11:47,600 --> 00:11:44,760

is

265

00:11:50,870 --> 00:11:47,610

kind of interesting see like for example

266

00:11:54,110 --> 00:11:50,880

I do not have that strong sense of

267

00:11:56,780 --> 00:11:54,120

connection to place that a lot of people

268

00:11:58,370 --> 00:11:56,790

do and I totally respect that I totally

269

00:12:00,200 --> 00:11:58,380

respect where you're coming from and

270

00:12:02,390 --> 00:12:00,210

respect in the sense that I think it's

271

00:12:04,940 --> 00:12:02,400

completely genuine and I think some

272

00:12:08,540 --> 00:12:04,950

people experience that at a very deep

273

00:12:11,750 --> 00:12:08,550

level and I think other people don't you

274

00:12:13,820 --> 00:12:11,760

know so do you know where I'm coming

275

00:12:15,440 --> 00:12:13,830

from I mean like one thing I always get

276

00:12:16,940 --> 00:12:15,450

is people go oh you know because of a

277

00:12:20,510 --> 00:12:16,950

Greek name and I was raised in a very

278

00:12:21,680 --> 00:12:20,520

Greek community in Chicago Illinois here

279

00:12:23,540 --> 00:12:21,690

in the United States but there was a

280

00:12:25,670 --> 00:12:23,550

strong connection and everyone spoke

281

00:12:27,830 --> 00:12:25,680

Greek and went back degrees I've never

282

00:12:29,890 --> 00:12:27,840

felt any connection or been to Greece I

283

00:12:33,260 --> 00:12:29,900

never any interesting going degrees so

284

00:12:36,350 --> 00:12:33,270

it's it I don't feel like that holds me

285

00:12:38,840 --> 00:12:36,360

back spiritually it's just kind of my

286

00:12:40,490 --> 00:12:38,850

nature so the druid thing always seems

287

00:12:43,640 --> 00:12:40,500

like exactly what you're saying kind of

288

00:12:44,990 --> 00:12:43,650

connected to place which is cool but how

289

00:12:47,480 --> 00:12:45,000

do you make that how do you pull that

290

00:12:50,000 --> 00:12:47,490

apart that's interesting because the

291

00:12:51,590 --> 00:12:50,010

when I study when I used to teach

292

00:12:55,430 --> 00:12:51,600

surgery around the world in the States

293

00:12:57,530 --> 00:12:55,440

in South America and in Australia all

294

00:13:00,250 --> 00:12:57,540

around you know the sort of the Celtic

295

00:13:03,820 --> 00:13:00,260

or the British diaspora the druidic

296

00:13:07,490 --> 00:13:03,830

diaspora and I would be teaching people

297

00:13:09,770 --> 00:13:07,500

to explore the context their ecology the

298

00:13:11,150 --> 00:13:09,780

land that they're living in while at the

299

00:13:12,890 --> 00:13:11,160

same time understanding their the only

300

00:13:16,310 --> 00:13:12,900

way they can reach Druidry is through

301  
00:13:18,800 --> 00:13:16,320  
their ancestors because surgery is not

302  
00:13:21,440 --> 00:13:18,810  
the religion of that landscape it's the

303  
00:13:23,420 --> 00:13:21,450  
religion of perhaps their ancestors for

304  
00:13:26,510 --> 00:13:23,430  
me and Britain I get to jury through the

305  
00:13:29,840 --> 00:13:26,520  
landscape and to some extent through my

306  
00:13:34,910 --> 00:13:29,850  
ancestors I say to some extent because I

307  
00:13:38,360 --> 00:13:34,920  
can't wave a line then it is clear in my

308  
00:13:40,120 --> 00:13:38,370  
head that goes back name by name by name

309  
00:13:42,340 --> 00:13:40,130  
by name you know thousands

310  
00:13:44,650 --> 00:13:42,350  
thousands of years I understand you know

311  
00:13:46,390 --> 00:13:44,660  
I honor my ancestors and the names of my

312  
00:13:48,040 --> 00:13:46,400  
ancestors and where they come back where

313  
00:13:50,530 --> 00:13:48,050

they come from but I only know that two

314

00:13:52,960 --> 00:13:50,540

and A two and a half centuries back to

315

00:13:55,870 --> 00:13:52,970

the beginning of the 19th century so

316

00:13:59,530 --> 00:13:55,880

from there it becomes abstract it

317

00:14:03,460 --> 00:13:59,540

becomes a merge of blood of culture of

318

00:14:06,040 --> 00:14:03,470

heritage of value of land of the smell

319

00:14:08,860 --> 00:14:06,050

of the rain the taste of the mud all of

320

00:14:10,590 --> 00:14:08,870

these things kind of meld into an

321

00:14:14,440 --> 00:14:10,600

understanding which for me is

322

00:14:17,050 --> 00:14:14,450

spirituality is my religion but thinking

323

00:14:21,940 --> 00:14:17,060

about Christianity Christianity makes no

324

00:14:23,620 --> 00:14:21,950

sense to me from that same if that makes

325

00:14:26,170 --> 00:14:23,630

no sense to me because it's not of this

326

00:14:29,170 --> 00:14:26,180

landscape but then if I go into a local

327

00:14:31,090 --> 00:14:29,180

Church of England church that's maybe

328

00:14:34,450 --> 00:14:31,100

almost a thousand years old

329

00:14:37,260 --> 00:14:34,460

built in sort of Norman stone in a rural

330

00:14:39,700 --> 00:14:37,270

environment in the middle of England I

331

00:14:41,170 --> 00:14:39,710

can look around and that feels like my

332

00:14:43,720 --> 00:14:41,180

heritage because there's a very little

333

00:14:46,320 --> 00:14:43,730

Middle Eastern culture there's very

334

00:14:48,880 --> 00:14:46,330

little medieval Mi'kmaq Middle Eastern

335

00:14:52,750 --> 00:14:48,890

tradition or story there it's all

336

00:14:57,040 --> 00:14:52,760

entirely diluted into Englishness and

337

00:14:59,860 --> 00:14:57,050

most of the the festivals that the end

338

00:15:02,500 --> 00:14:59,870

of the harvest festival even Easter all

339

00:15:04,630 --> 00:15:02,510

of these festivals are saturated with

340

00:15:08,320 --> 00:15:04,640

English culture with English heritage

341

00:15:11,920 --> 00:15:08,330

and that I can understand it's when we

342

00:15:14,770 --> 00:15:11,930

get into the mythic it determined to be

343

00:15:16,840 --> 00:15:14,780

real characters of the stories that I

344

00:15:18,490 --> 00:15:16,850

get into trouble but then I get into

345

00:15:20,770 --> 00:15:18,500

trouble when we talk about Welsh

346

00:15:23,050 --> 00:15:20,780

mythology because I don't understand

347

00:15:24,790 --> 00:15:23,060

that it's not of the landscape of my

348

00:15:27,160 --> 00:15:24,800

blood which is very much English it's

349

00:15:29,230 --> 00:15:27,170

here it's in you know London that the

350

00:15:31,510 --> 00:15:29,240

counties around London and where I'm

351

00:15:33,940 --> 00:15:31,520

living here it doesn't go up into world

352

00:15:37,540 --> 00:15:33,950

Wales or Scotland so it's very local

353

00:15:43,030 --> 00:15:37,550

very very local and indeed in terms of

354

00:15:45,280 --> 00:15:43,040

culture language and the the way the

355

00:15:48,460 --> 00:15:45,290

people are in England I always think

356

00:15:51,130 --> 00:15:48,470

that a quality of the English nature of

357

00:15:52,100 --> 00:15:51,140

English nature of the English the nature

358

00:15:54,680 --> 00:15:52,110

of the English

359

00:15:58,670 --> 00:15:54,690

is about whatever works we do what works

360

00:16:01,280 --> 00:15:58,680

whatever works is fine and some people

361

00:16:03,350 --> 00:16:01,290

deride paganism for being a kind of a

362

00:16:06,320 --> 00:16:03,360

pick-and-mix religion you take a bit

363

00:16:09,380 --> 00:16:06,330

from here you take a bit from there but

364

00:16:10,850 --> 00:16:09,390

fine I don't see what's wrong with that

365

00:16:12,860 --> 00:16:10,860

although in practice

366

00:16:15,950 --> 00:16:12,870

I don't rock it I don't understand it

367

00:16:19,220 --> 00:16:15,960

much but in theory I understand it

368

00:16:21,290 --> 00:16:19,230

because it's about whatever works let me

369

00:16:23,450 --> 00:16:21,300

push it a little bit further because I

370

00:16:27,200 --> 00:16:23,460

think this is just such a fascinating

371

00:16:29,540 --> 00:16:27,210

point to me it seems like the lines get

372

00:16:31,250 --> 00:16:29,550

really blurry as soon as we go back a

373

00:16:35,450 --> 00:16:31,260

little bit like let's take ancestor

374

00:16:39,770 --> 00:16:35,460

worship I am totally in connection with

375

00:16:41,930 --> 00:16:39,780

my ancestors I feel their presence I ask

376

00:16:43,910 --> 00:16:41,940

for their help and guidance I've never

377

00:16:49,250 --> 00:16:43,920

said this on this yell before but that's

378

00:16:51,830 --> 00:16:49,260

ok I also feel drawn to a neem Karoli

379

00:16:54,470 --> 00:16:51,840

Baba from India right and I have the

380

00:16:57,410 --> 00:16:54,480

strange connection with yoga that's just

381

00:16:58,790 --> 00:16:57,420

popped up in my life and Hindu practice

382

00:17:00,620 --> 00:16:58,800

I don't know where that's coming from

383

00:17:04,449 --> 00:17:00,630

and I haven't explored that fully but

384

00:17:07,910 --> 00:17:04,459

that is there in an undeniable way so

385

00:17:10,280 --> 00:17:07,920

I'm not you know resistant to anything

386

00:17:13,040 --> 00:17:10,290

you're saying I'm just saying for me and

387

00:17:15,410 --> 00:17:13,050

for a lot of people I know it just isn't

388

00:17:18,590 --> 00:17:15,420

that clean-cut where I can say gee you

389

00:17:20,990 --> 00:17:18,600

know I feel this connection and man my

390

00:17:23,270 --> 00:17:21,000

connection seemed to be very very

391

00:17:26,720 --> 00:17:23,280

blurred and in a lot of other ways that

392

00:17:28,400 --> 00:17:26,730

feel totally good as I connect to them

393

00:17:31,340 --> 00:17:28,410

they don't feel out of place or anything

394

00:17:33,470 --> 00:17:31,350

but and I live in Southern California in

395

00:17:35,180 --> 00:17:33,480

San Diego man well I remember when I

396

00:17:37,040 --> 00:17:35,190

first came here I felt a connection to

397

00:17:38,720 --> 00:17:37,050

this place you know I felt like this is

398

00:17:40,190 --> 00:17:38,730

more where I'm supposed to be I don't

399

00:17:41,690 --> 00:17:40,200

know if this is the ultimate place where

400

00:17:43,880 --> 00:17:41,700

I'm supposed to be but this is more

401  
00:17:47,090 --> 00:17:43,890  
where I'm supposed to be than Chicago

402  
00:17:49,730 --> 00:17:47,100  
where I grew up yeah and I grew up in

403  
00:17:52,190 --> 00:17:49,740  
Denmark in Spain and South America on

404  
00:17:54,950 --> 00:17:52,200  
the far east and I was in Chicago for a

405  
00:18:01,150 --> 00:17:54,960  
few years as a child so all over the

406  
00:18:03,860 --> 00:18:01,160  
place and actually it was my desire to

407  
00:18:05,420 --> 00:18:03,870  
connect with my ancestors that brought

408  
00:18:08,540 --> 00:18:05,430  
me to England

409  
00:18:09,770 --> 00:18:08,550  
to commit to living in England my

410  
00:18:13,280 --> 00:18:09,780  
brother is in the States he's a

411  
00:18:16,550 --> 00:18:13,290  
professor at Penn State College in

412  
00:18:20,500 --> 00:18:16,560  
Pennsylvania and my son is in the States

413  
00:18:24,830 --> 00:18:20,510

and so I have a sense of that global

414

00:18:27,260 --> 00:18:24,840

identity but for myself for my own need

415

00:18:29,720 --> 00:18:27,270

and I think this is specific I think

416

00:18:32,360 --> 00:18:29,730

there are people that would strive for a

417

00:18:34,010 --> 00:18:32,370

connection with gold goddess deity

418

00:18:36,080 --> 00:18:34,020

whatever that means whatever you

419

00:18:39,050 --> 00:18:36,090

understand that to be and there are some

420

00:18:40,580 --> 00:18:39,060

that don't there are some who strive to

421

00:18:42,470 --> 00:18:40,590

connect through their ancestors through

422

00:18:45,040 --> 00:18:42,480

the land and some who strive through

423

00:18:48,020 --> 00:18:45,050

their reason through community through

424

00:18:50,510 --> 00:18:48,030

archetypes or or other kinds of culture

425

00:18:53,440 --> 00:18:50,520

mythology for me ancestor was where

426  
00:18:57,800 --> 00:18:53,450  
ancestry was very important and I would

427  
00:19:00,320 --> 00:18:57,810  
rationally if looking at it in a

428  
00:19:02,990 --> 00:19:00,330  
psychological perspective that must be I

429  
00:19:05,510 --> 00:19:03,000  
would imagine connected to the fact that

430  
00:19:07,730 --> 00:19:05,520  
I have a genetic weakness in my nervous

431  
00:19:09,640 --> 00:19:07,740  
system which my grandmother has my aunt

432  
00:19:13,910 --> 00:19:09,650  
has and it goes back through my

433  
00:19:16,010 --> 00:19:13,920  
grandmother's so that has inspired me to

434  
00:19:18,830 --> 00:19:16,020  
understand my ancestry perhaps better

435  
00:19:21,560 --> 00:19:18,840  
than if I were fighting Fidan and and

436  
00:19:25,340 --> 00:19:21,570  
had no need to to see where these things

437  
00:19:28,880 --> 00:19:25,350  
came from but I think it's it's like

438  
00:19:30,980 --> 00:19:28,890

anything once you start to explore it

439

00:19:34,850 --> 00:19:30,990

you either grok it it either feeds you

440

00:19:36,320 --> 00:19:34,860

or it doesn't now and I find that a lot

441

00:19:38,750 --> 00:19:36,330

of people once they start to know the

442

00:19:41,000 --> 00:19:38,760

names of their ancestors start to know

443

00:19:44,330 --> 00:19:41,010

where they come from start to breathe in

444

00:19:45,920 --> 00:19:44,340

and eat the food of that place they

445

00:19:47,930 --> 00:19:45,930

start to find a deeper connection

446

00:19:50,510 --> 00:19:47,940

without that they don't know that

447

00:19:53,210 --> 00:19:50,520

there's a superficiality and unrooted

448

00:19:55,880 --> 00:19:53,220

miss about their being for once they

449

00:19:57,800 --> 00:19:55,890

start to find those roots they can find

450

00:20:01,030 --> 00:19:57,810

a deep nourishment not everybody does

451  
00:20:03,890 --> 00:20:01,040  
but sometimes that can be an enormous um

452  
00:20:06,710 --> 00:20:03,900  
an enormous source of nourishment and

453  
00:20:10,790 --> 00:20:06,720  
learning and I would recommend it to

454  
00:20:13,040 --> 00:20:10,800  
anybody okay so I I'm stuck on this now

455  
00:20:15,200 --> 00:20:13,050  
and I can't let it go

456  
00:20:18,920 --> 00:20:15,210  
what about reincarnation I mean a lot of

457  
00:20:21,049 --> 00:20:18,930  
people have direct experience with

458  
00:20:22,640 --> 00:20:21,059  
memories of their past life I don't want

459  
00:20:25,820 --> 00:20:22,650  
to judge that one way or another other

460  
00:20:27,740 --> 00:20:25,830  
than to say the best science that we

461  
00:20:30,140 --> 00:20:27,750  
have in terms of looking at that like

462  
00:20:33,370 --> 00:20:30,150  
the folks at University of Virginia Jim

463  
00:20:36,380 --> 00:20:33,380

Tucker and before that dr. Ian Stevenson

464

00:20:39,049 --> 00:20:36,390

undeniable I mean just seems to be a

465

00:20:41,510 --> 00:20:39,059

reality and it's been passed down and

466

00:20:44,120 --> 00:20:41,520

all just about virtually every wisdom

467

00:20:47,000 --> 00:20:44,130

tradition including including Druidry

468

00:20:48,530 --> 00:20:47,010

right so reincarnation takes that in a

469

00:20:50,210 --> 00:20:48,540

whole different direction I mean forget

470

00:20:53,240 --> 00:20:50,220

about you know connection to the land

471

00:20:55,490 --> 00:20:53,250

the soil you're all over the globe some

472

00:20:59,510 --> 00:20:55,500

people would say even outside of this

473

00:21:02,840 --> 00:20:59,520

this earth thing you know in terms of

474

00:21:05,600 --> 00:21:02,850

these lives so isn't it again kind of a

475

00:21:07,190 --> 00:21:05,610

fuzzy line where we draw and say and it

476

00:21:09,350 --> 00:21:07,200

just sounds a little off whenever I hear

477

00:21:10,700 --> 00:21:09,360

someone say blood you know I'm like well

478

00:21:13,340 --> 00:21:10,710

wait a minute what are you talking about

479

00:21:16,040 --> 00:21:13,350

isn't it kind of bigger than that it is

480

00:21:18,830 --> 00:21:16,050

very much bigger than that um and I

481

00:21:22,630 --> 00:21:18,840

think okay when you talk about blood

482

00:21:28,730 --> 00:21:22,640

you're talking about things which are um

483

00:21:30,020 --> 00:21:28,740

immediate sensory connection so I love

484

00:21:33,110 --> 00:21:30,030

the desert

485

00:21:36,500 --> 00:21:33,120

I love the Mediterranean coast

486

00:21:39,530 --> 00:21:36,510

I love the forest down you know 300

487

00:21:41,090 --> 00:21:39,540

miles away I all of that I love it but

488

00:21:43,280 --> 00:21:41,100

what's right here at the moment is the

489

00:21:45,799 --> 00:21:43,290

word of the table that I'm sitting at

490

00:21:48,049 --> 00:21:45,809

that's a deep immediate sensory

491

00:21:50,120 --> 00:21:48,059

experience it doesn't mean that other

492

00:21:53,360 --> 00:21:50,130

things aren't important I'm not

493

00:21:57,220 --> 00:21:53,370

connected to other things but also I I

494

00:21:59,570 --> 00:21:57,230

have had what I believed were clear

495

00:22:01,330 --> 00:21:59,580

experiences within myself and with other

496

00:22:05,240 --> 00:22:01,340

people within other people of

497

00:22:07,220 --> 00:22:05,250

reincarnation of stories that made sense

498

00:22:11,030 --> 00:22:07,230

that connected in ways that we couldn't

499

00:22:17,630 --> 00:22:11,040

have understood and yet now I don't

500

00:22:21,230 --> 00:22:17,640

believe in reincarnation I have a sense

501  
00:22:24,950 --> 00:22:21,240  
of the mindedness of nature of the

502  
00:22:26,780 --> 00:22:24,960  
universe the minded coherence or the

503  
00:22:29,390 --> 00:22:26,790  
mindedness mind if coherence of the

504  
00:22:30,499 --> 00:22:29,400  
wholeness of nature of all of the

505  
00:22:35,029 --> 00:22:30,509  
universe and

506  
00:22:37,189 --> 00:22:35,039  
in that we have coherences of mind that

507  
00:22:39,979 --> 00:22:37,199  
are in a thousand different ways

508  
00:22:44,989 --> 00:22:39,989  
including the mind of humanity the

509  
00:22:47,659 --> 00:22:44,999  
mindedness of humanity and then so to

510  
00:22:50,689 --> 00:22:47,669  
have human beings human personalities

511  
00:22:53,959 --> 00:22:50,699  
entities or stuck in their own sticky

512  
00:22:56,619 --> 00:22:53,969  
individual being and then we have those

513  
00:22:59,419 --> 00:22:56,629

edges that spill out from those

514

00:23:00,829 --> 00:22:59,429

individual beings into the wholeness of

515

00:23:03,049 --> 00:23:00,839

families the wholeness of blood the

516

00:23:05,269 --> 00:23:03,059

wholeness of communities the wholeness

517

00:23:08,019 --> 00:23:05,279

that happens when you you love and merge

518

00:23:10,819 --> 00:23:08,029

with someone in that melting Way of

519

00:23:14,509 --> 00:23:10,829

connection and then you have you know

520

00:23:17,689 --> 00:23:14,519

the broader that race tribe nation

521

00:23:23,359 --> 00:23:17,699

whatever it may be some of those words

522

00:23:26,299 --> 00:23:23,369

work some of them don't but I think we

523

00:23:29,269 --> 00:23:26,309

can connect into that mindedness and

524

00:23:33,079 --> 00:23:29,279

pick up on coherences pick up on

525

00:23:35,749 --> 00:23:33,089

patterns pick up on stories and we hear

526  
00:23:39,979 --> 00:23:35,759  
the ones that make sense to us we hear

527  
00:23:43,969 --> 00:23:39,989  
the ones which in some ways are mirror

528  
00:23:46,549 --> 00:23:43,979  
repeating patterns or ways that we are

529  
00:23:50,109 --> 00:23:46,559  
perceiving the world in patterns and

530  
00:23:52,869 --> 00:23:50,119  
that's what I think we probably

531  
00:23:54,229 --> 00:23:52,879  
translate we interpret to be

532  
00:24:01,609 --> 00:23:54,239  
reincarnation

533  
00:24:05,019 --> 00:24:01,619  
because I think nature in itself doesn't

534  
00:24:09,739 --> 00:24:05,029  
have a chronological process of time

535  
00:24:11,959 --> 00:24:09,749  
that would really make that work you

536  
00:24:15,019 --> 00:24:11,969  
can't have a point there in terms of our

537  
00:24:17,389 --> 00:24:15,029  
understanding of time in this linear

538  
00:24:19,489 --> 00:24:17,399

notion we know is probably not accurate

539

00:24:22,129 --> 00:24:19,499

in some ways that we don't totally

540

00:24:24,469 --> 00:24:22,139

understand but I have to kind of push on

541

00:24:26,709 --> 00:24:24,479

that a little bit because I mean this

542

00:24:29,389 --> 00:24:26,719

path on on this show has been kind of

543

00:24:31,489 --> 00:24:29,399

one foot in two worlds one foot in the

544

00:24:33,169 --> 00:24:31,499

science world and the best science we

545

00:24:35,409 --> 00:24:33,179

can understand and at the same time

546

00:24:37,519 --> 00:24:35,419

discarding the science that is just

547

00:24:39,739 --> 00:24:37,529

ridiculous and is pulling us in the

548

00:24:41,269 --> 00:24:39,749

wrong direction which is something you

549

00:24:42,649 --> 00:24:41,279

do quite wonderfully I don't want to get

550

00:24:44,060 --> 00:24:42,659

too far away from the book folks because

551

00:24:44,990 --> 00:24:44,070

I want you going by the book

552

00:24:47,000 --> 00:24:45,000

and other books because they're

553

00:24:49,460 --> 00:24:47,010

wonderful but what I really want to do

554

00:24:51,830 --> 00:24:49,470

is introduce you to Emma and our broader

555

00:24:55,970 --> 00:24:51,840

ideas but I just want you to want folks

556

00:24:59,360 --> 00:24:55,980

to know the book is very very well

557

00:25:02,450 --> 00:24:59,370

structured coherent as a strong as cases

558

00:25:05,390 --> 00:25:02,460

you'll find for kind of dismantling this

559

00:25:09,080 --> 00:25:05,400

silly materialism and replacing it with

560

00:25:12,730 --> 00:25:09,090

a very viable and philosophically strong

561

00:25:16,510 --> 00:25:12,740

argument for animism but I digress

562

00:25:18,710 --> 00:25:16,520

because I can't help but talking about

563

00:25:21,940 --> 00:25:18,720

reincarnation because I get this a lot

564

00:25:24,820 --> 00:25:21,950

from folks and you know in the real

565

00:25:27,830 --> 00:25:24,830

intellectualizing of it within like the

566

00:25:29,750 --> 00:25:27,840

parapsychology community they call into

567

00:25:32,930 --> 00:25:29,760

play supersize you ever heard of super

568

00:25:34,490 --> 00:25:32,940

Sai no heaven well it's basically the

569

00:25:36,680 --> 00:25:34,500

same idea that you just said kind of

570

00:25:39,350 --> 00:25:36,690

Akashic records hey we're all plugged

571

00:25:41,660 --> 00:25:39,360

into the consciousness field everywhere

572

00:25:44,960 --> 00:25:41,670

and we can draw you know this and that

573

00:25:47,780 --> 00:25:44,970

and that's how these stories of

574

00:25:50,680 --> 00:25:47,790

reincarnation happen I just have to

575

00:25:52,880 --> 00:25:50,690

point out to you that the scant bit of

576

00:25:54,560 --> 00:25:52,890

scientific evidence we have the best

577

00:25:57,850 --> 00:25:54,570

we've tried to collect it and science

578

00:26:00,350 --> 00:25:57,860

now here in the sense being a method of

579

00:26:02,870 --> 00:26:00,360

collecting data not a position statement

580

00:26:04,550 --> 00:26:02,880

not saying this is how the bangs are but

581

00:26:07,720 --> 00:26:04,560

just hey these are some tools we can use

582

00:26:09,740 --> 00:26:07,730

to strip away our biases in that method

583

00:26:11,060 --> 00:26:09,750

what these guys at university of

584

00:26:13,660 --> 00:26:11,070

virginia did one of the things they did

585

00:26:16,880 --> 00:26:13,670

that's just really kind of stunning is

586

00:26:18,590 --> 00:26:16,890

they not only get people that have these

587

00:26:20,720 --> 00:26:18,600

detailed memories like you're talking

588

00:26:22,550 --> 00:26:20,730

about so let's find a child four or five

589

00:26:25,270 --> 00:26:22,560

years old and the child reports I

590

00:26:27,470 --> 00:26:25,280

remember being in this town in this

591

00:26:29,120 --> 00:26:27,480

village that I've never visited a

592

00:26:30,680 --> 00:26:29,130

hundred years a hundred miles away and

593

00:26:32,870 --> 00:26:30,690

they go there and all the things line up

594

00:26:34,970 --> 00:26:32,880

but what they did on the physical level

595

00:26:37,670 --> 00:26:34,980

that's really hard to get around with

596

00:26:39,200 --> 00:26:37,680

the supersize idea is all in a

597

00:26:42,520 --> 00:26:39,210

significant number these people they

598

00:26:44,600 --> 00:26:42,530

found birthmarks that correspond to

599

00:26:47,480 --> 00:26:44,610

traumatic experiences like getting shot

600

00:26:50,170 --> 00:26:47,490

or being stabbed as being the the

601  
00:26:53,960 --> 00:26:50,180  
incident that caused their death and

602  
00:26:56,270 --> 00:26:53,970  
there there's just pretty overwhelming

603  
00:26:57,830 --> 00:26:56,280  
evidence that that stuff lines up again

604  
00:26:59,690 --> 00:26:57,840  
these guys have looked at its scientific

605  
00:27:01,070 --> 00:26:59,700  
so I don't know if the science really

606  
00:27:06,590 --> 00:27:01,080  
points in the direction you're saying

607  
00:27:10,100 --> 00:27:06,600  
but that's exactly where my problem is

608  
00:27:10,880 --> 00:27:10,110  
with the scientific method or the knots

609  
00:27:16,360 --> 00:27:10,890  
I don't matter

610  
00:27:21,890 --> 00:27:16,370  
the scientific perspective is that it is

611  
00:27:25,310 --> 00:27:21,900  
so comprehensively limited by human

612  
00:27:27,710 --> 00:27:25,320  
perspective per step perception so what

613  
00:27:30,260 --> 00:27:27,720

we're saying is that this is what we as

614

00:27:33,770 --> 00:27:30,270

human beings see but that's not what

615

00:27:36,170 --> 00:27:33,780

nature is in itself and of course this

616

00:27:39,170 --> 00:27:36,180

is quite a journey - for me the journey

617

00:27:41,540 --> 00:27:39,180

what I would call God the wholeness of

618

00:27:45,020 --> 00:27:41,550

the universe the everything the journey

619

00:27:47,750 --> 00:27:45,030

to God is about finding a way of our

620

00:27:53,260 --> 00:27:47,760

almost impossible an ecstatically

621

00:27:57,280 --> 00:27:53,270

brilliant glorious hopeless wonderful

622

00:27:59,360 --> 00:27:57,290

obsessive way of getting through the

623

00:28:00,710 --> 00:27:59,370

limitation let me interject something

624

00:28:02,210 --> 00:28:00,720

let me tell you because we'll get right

625

00:28:03,950 --> 00:28:02,220

to the point here I have an interview

626  
00:28:05,660 --> 00:28:03,960  
coming up and I just booked it and I was

627  
00:28:07,640 --> 00:28:05,670  
really resistant to booking it with this

628  
00:28:10,880 --> 00:28:07,650  
woman because some of her ideas some way

629  
00:28:12,350 --> 00:28:10,890  
out there but it's cool and I respect

630  
00:28:14,870 --> 00:28:12,360  
where she's coming from but she's had

631  
00:28:17,690 --> 00:28:14,880  
hundreds of near-death experiences and

632  
00:28:19,630 --> 00:28:17,700  
in those near-death experiences she

633  
00:28:22,010 --> 00:28:19,640  
claims that she's connected with Jesus

634  
00:28:24,620 --> 00:28:22,020  
Jesus Jesus Jesus not Christ

635  
00:28:27,110 --> 00:28:24,630  
consciousness some kind of Jesus and

636  
00:28:29,030 --> 00:28:27,120  
Walt Disney as well which really then

637  
00:28:30,800 --> 00:28:29,040  
throws you for a loop and I've spoken

638  
00:28:33,680 --> 00:28:30,810

with a lot of folks and I don't consider

639

00:28:34,310 --> 00:28:33,690

them you know crazy you're weird or any

640

00:28:37,100 --> 00:28:34,320

of that stuff

641

00:28:39,470 --> 00:28:37,110

but have different interpretations of

642

00:28:41,720 --> 00:28:39,480

their spiritually transformative

643

00:28:43,130 --> 00:28:41,730

experiences their relationship with God

644

00:28:47,090 --> 00:28:43,140

all the stuff you're saying

645

00:28:49,940 --> 00:28:47,100

so obviously science is limited you know

646

00:28:52,220 --> 00:28:49,950

but what the are we supposed to do

647

00:28:54,860 --> 00:28:52,230

how are we supposed to sort this thing

648

00:28:56,990 --> 00:28:54,870

out is everyone just exposed to say well

649

00:28:59,900 --> 00:28:57,000

whatever my personal experience is I

650

00:29:02,180 --> 00:28:59,910

tell you that is wrought with problems -

651

00:29:04,760 --> 00:29:02,190

I've interviewed a lot of people who

652

00:29:06,920 --> 00:29:04,770

take their spiritual experiences and

653

00:29:09,320 --> 00:29:06,930

turn it into some kind of cultish crazy

654

00:29:10,500 --> 00:29:09,330

kind of thing so I don't know what we're

655

00:29:12,390 --> 00:29:10,510

supposed to do

656

00:29:14,520 --> 00:29:12,400

that's I think I think that's that's

657

00:29:17,340 --> 00:29:14,530

absolutely the key what we are supposed

658

00:29:19,710 --> 00:29:17,350

to do perhaps what am I to say Who am I

659

00:29:22,919 --> 00:29:19,720

to say but what we're supposed to do

660

00:29:27,960 --> 00:29:22,929

maybe is not to take our personal

661

00:29:31,530 --> 00:29:27,970

experience and lay it down as some truth

662

00:29:34,409 --> 00:29:31,540

it's not it's our experience from our

663

00:29:36,750 --> 00:29:34,419

individual perspective from our point of

664

00:29:39,060 --> 00:29:36,760

perception and what we can if we could

665

00:29:44,270 --> 00:29:39,070

understand the mindedness of the

666

00:29:47,250 --> 00:29:44,280

universe as being patterns beyond limit

667

00:29:49,260 --> 00:29:47,260

but so many patterns as we come having

668

00:29:51,330 --> 00:29:49,270

the vast patterns from the you know

669

00:29:54,180 --> 00:29:51,340

outside of our ability to imagine

670

00:29:56,310 --> 00:29:54,190

through two patterns within the human

671

00:30:00,659 --> 00:29:56,320

mind we often you hear that people say

672

00:30:03,539 --> 00:30:00,669

time and again it's a small world and we

673

00:30:04,890 --> 00:30:03,549

find doppelgangers we see always found

674

00:30:06,840 --> 00:30:04,900

someone I knew someone who looked just

675

00:30:08,580 --> 00:30:06,850

like you and you think no everyone's

676

00:30:10,919 --> 00:30:08,590

unique well we're not there aren't that

677

00:30:13,440 --> 00:30:10,929

many kinds of people there aren't that

678

00:30:17,280 --> 00:30:13,450

many kinds of experience there aren't

679

00:30:21,390 --> 00:30:17,290

that many kinds of perception or idea

680

00:30:24,120 --> 00:30:21,400

actually the human mind human mindedness

681

00:30:26,280 --> 00:30:24,130

the wholeness of humanity is not that

682

00:30:27,630 --> 00:30:26,290

diverse we think it's extraordinary

683

00:30:31,919 --> 00:30:27,640

because we're sitting in the middle of

684

00:30:34,440 --> 00:30:31,929

it and we're too small to see how small

685

00:30:36,750 --> 00:30:34,450

it is we think it's extraordinary and

686

00:30:40,320 --> 00:30:36,760

vast and enormous and glorious but

687

00:30:44,039 --> 00:30:40,330

actually it's not that diverse so when

688

00:30:46,590 --> 00:30:44,049

as human beings we are able to just slip

689

00:30:49,230 --> 00:30:46,600

out of our individual perception our

690

00:30:51,090 --> 00:30:49,240

individual separate itself and touch

691

00:30:53,909 --> 00:30:51,100

into the wholeness of something beyond

692

00:30:56,909 --> 00:30:53,919

touch into the wholeness of a part of

693

00:30:58,740 --> 00:30:56,919

the mindedness of humanity then what are

694

00:31:01,430 --> 00:30:58,750

we going to see when I see a mess of

695

00:31:04,200 --> 00:31:01,440

caves but if you look at the meadow

696

00:31:06,120 --> 00:31:04,210

stand in the meadow and look down what

697

00:31:08,250 --> 00:31:06,130

are you going to see you're going to see

698

00:31:10,470 --> 00:31:08,260

first of all the things that you

699

00:31:12,150 --> 00:31:10,480

recognize you're not going to see the

700

00:31:14,039 --> 00:31:12,160

chaos and the patterns that you've never

701  
00:31:15,210 --> 00:31:14,049  
seen before you're going to see the

702  
00:31:16,980 --> 00:31:15,220  
greens you're going to see The Beatles

703  
00:31:18,539 --> 00:31:16,990  
you're going to see the spider's webs

704  
00:31:20,970 --> 00:31:18,549  
because those are things that you

705  
00:31:23,820 --> 00:31:20,980  
understand that you've seen before so

706  
00:31:28,230 --> 00:31:23,830  
when we look out the wholeness into

707  
00:31:31,380 --> 00:31:28,240  
the the wild nurse of the mindedness of

708  
00:31:33,660 --> 00:31:31,390  
humanity we will see the things that

709  
00:31:36,060 --> 00:31:33,670  
make sense to us consciously or

710  
00:31:38,190 --> 00:31:36,070  
subconsciously through our conscious

711  
00:31:39,660 --> 00:31:38,200  
awareness or down through the shadows on

712  
00:31:41,940 --> 00:31:39,670  
the edges of our awareness of our

713  
00:31:44,060 --> 00:31:41,950

understanding and that's what we'll pick

714

00:31:46,830 --> 00:31:44,070

up on and then as we bring it into our

715

00:31:49,440 --> 00:31:46,840

individuated self us our own little

716

00:31:52,290 --> 00:31:49,450

coherence of mind as a human being will

717

00:31:54,540 --> 00:31:52,300

interpret that into the stories patterns

718

00:31:57,900 --> 00:31:54,550

the language that makes sense to us that

719

00:32:00,750 --> 00:31:57,910

we use to make sense of the world will

720

00:32:04,680 --> 00:32:00,760

say oh that's a beetle or oh that is a

721

00:32:06,660 --> 00:32:04,690

cowboy or that's napoleon or this is

722

00:32:09,180 --> 00:32:06,670

Jesus or whatever it may be

723

00:32:11,670 --> 00:32:09,190

so we're finding patterns and we're

724

00:32:13,950 --> 00:32:11,680

interpreting them for ourselves in ways

725

00:32:17,310 --> 00:32:13,960

that makes sense because if we can't

726

00:32:19,620 --> 00:32:17,320

make sense then we're crazy well you

727

00:32:22,740 --> 00:32:19,630

know I'm right there with you but to me

728

00:32:25,680 --> 00:32:22,750

that is the starting point that is the

729

00:32:28,500 --> 00:32:25,690

jumping-off point you know - for me with

730

00:32:30,120 --> 00:32:28,510

science with trying to understand things

731

00:32:32,400 --> 00:32:30,130

and Here I am defending science always

732

00:32:34,410 --> 00:32:32,410

I'm always knocking down sides on the

733

00:32:37,380 --> 00:32:34,420

show but I have to defend science here

734

00:32:40,620 --> 00:32:37,390

for a minute what the promise of science

735

00:32:44,040 --> 00:32:40,630

is is take everything you said and I

736

00:32:48,240 --> 00:32:44,050

agree with it completely right it's but

737

00:32:50,940 --> 00:32:48,250

now what I want is I want to know you I

738

00:32:54,750 --> 00:32:50,950

want to know Emma's experience and I

739

00:32:57,630 --> 00:32:54,760

want to know a Mike's experience and I

740

00:33:00,510 --> 00:32:57,640

want to grow in enrich my experience

741

00:33:03,390 --> 00:33:00,520

from their experience and I want to find

742

00:33:04,920 --> 00:33:03,400

out how this consensus reality because I

743

00:33:06,450 --> 00:33:04,930

know your experience is different than

744

00:33:08,700 --> 00:33:06,460

my experience but I know it also

745

00:33:12,120 --> 00:33:08,710

overlaps in some interesting ways that

746

00:33:14,340 --> 00:33:12,130

might inform my decisions about

747

00:33:16,920 --> 00:33:14,350

answering those big-picture questions of

748

00:33:18,690 --> 00:33:16,930

Who am I and why am I here so I can only

749

00:33:23,070 --> 00:33:18,700

answer those questions to myself but

750

00:33:25,170 --> 00:33:23,080

your experience could help me so when

751

00:33:27,630 --> 00:33:25,180

I'm trying to filter all these different

752

00:33:31,920 --> 00:33:27,640

experiences and try and understand them

753

00:33:34,170 --> 00:33:31,930

and systematically use those I need some

754

00:33:36,660 --> 00:33:34,180

tools and here are some tools that kind

755

00:33:37,650 --> 00:33:36,670

of help I mean again I will we were

756

00:33:40,590 --> 00:33:37,660

talking about reincarnation

757

00:33:44,010 --> 00:33:40,600

if you ever read in Stevenson's work if

758

00:33:47,430 --> 00:33:44,020

you ever read Jim Tucker's work there's

759

00:33:49,680 --> 00:33:47,440

a deep deep spirituality in what they're

760

00:33:52,200 --> 00:33:49,690

saying but they're handling it just

761

00:33:54,090 --> 00:33:52,210

purely from an objective you know how do

762

00:33:56,280 --> 00:33:54,100

these different experiences how are they

763

00:33:58,590 --> 00:33:56,290

similar how are they different without a

764

00:34:01,200 --> 00:33:58,600

lot of then we can figure out what that

765

00:34:04,080 --> 00:34:01,210

means to us so do you get where I'm

766

00:34:06,480 --> 00:34:04,090

coming from there no yes I do in that

767

00:34:11,100 --> 00:34:06,490

science is a tool and I would agree with

768

00:34:14,820 --> 00:34:11,110

that completely and I think when we use

769

00:34:19,649 --> 00:34:14,830

science as a tool it is useful when we

770

00:34:24,030 --> 00:34:19,659

use science as a way of determining

771

00:34:27,450 --> 00:34:24,040

truth because then we've meandered into

772

00:34:30,540 --> 00:34:27,460

um some kind of arrogance doesn't make

773

00:34:34,800 --> 00:34:30,550

sense and the same is true of well

774

00:34:37,889 --> 00:34:34,810

pretty much everything oh it's all about

775

00:34:41,240 --> 00:34:37,899

tools even time Wicked's I'll use it

776

00:34:46,050 --> 00:34:41,250

even our understanding space is a tool

777

00:34:48,960 --> 00:34:46,060

and while that's that's the problem with

778

00:34:51,690 --> 00:34:48,970

our materialistic assumptions with the

779

00:34:53,550 --> 00:34:51,700

assumption in our culture and the

780

00:34:56,820 --> 00:34:53,560

assumptions which have been laid down by

781

00:34:57,450 --> 00:34:56,830

monotheism's as well in our Western

782

00:34:59,850 --> 00:34:57,460

culture

783

00:35:01,200 --> 00:34:59,860

so the monotheism's and the science

784

00:35:03,270 --> 00:35:01,210

which is overlaid it and then

785

00:35:06,080 --> 00:35:03,280

monotheism's on top of that science and

786

00:35:11,370 --> 00:35:06,090

again and again we come to this

787

00:35:15,450 --> 00:35:11,380

compacted assumption that stops us from

788

00:35:18,150 --> 00:35:15,460

understanding the universe without the

789

00:35:20,460 --> 00:35:18,160

need for truth without the need for a

790

00:35:22,590 --> 00:35:20,470

universal truth without the need to

791

00:35:25,290 --> 00:35:22,600

assert and determine that our

792

00:35:28,800 --> 00:35:25,300

understanding is a universal truth it's

793

00:35:30,450 --> 00:35:28,810

all about relationships and tools to

794

00:35:34,400 --> 00:35:30,460

make those relationships healthy

795

00:35:39,300 --> 00:35:34,410

harmonious and productive creative

796

00:35:43,110 --> 00:35:39,310

sharing and the creativity so that our

797

00:35:46,440 --> 00:35:43,120

being our relationships help instead of

798

00:35:49,500 --> 00:35:46,450

hinder um without getting too abstract I

799

00:35:50,789 --> 00:35:49,510

think what it also does is it taps into

800

00:35:53,880 --> 00:35:50,799

this very

801  
00:35:56,130 --> 00:35:53,890  
a basic fundamental need we have for

802  
00:35:57,599 --> 00:35:56,140  
being in control or at least maintaining

803  
00:35:59,370 --> 00:35:57,609  
the illusion of being control I mean

804  
00:36:01,109 --> 00:35:59,380  
really when you break it down that's

805  
00:36:03,359 --> 00:36:01,119  
what materialism is all about it's

806  
00:36:04,829 --> 00:36:03,369  
saying hey everything is all these rules

807  
00:36:06,059 --> 00:36:04,839  
and these rules work perfectly and we

808  
00:36:07,439 --> 00:36:06,069  
can measure everything and everything's

809  
00:36:11,069 --> 00:36:07,449  
going to come out okay

810  
00:36:13,380 --> 00:36:11,079  
and I think everything beyond that only

811  
00:36:16,469 --> 00:36:13,390  
happens when we give up this sense of

812  
00:36:20,309 --> 00:36:16,479  
you know we're really not in control yes

813  
00:36:22,679 --> 00:36:20,319

and I think that's the sadness about so

814

00:36:25,169 --> 00:36:22,689

much of science because it's taken us

815

00:36:28,410 --> 00:36:25,179

from do you know where Christianity in

816

00:36:30,809 --> 00:36:28,420

our British culture Christianity was so

817

00:36:32,849 --> 00:36:30,819

sick and it laid in the authorities and

818

00:36:35,429 --> 00:36:32,859

it knew exactly told everybody exactly

819

00:36:37,919 --> 00:36:35,439

what to think what to feel how to behave

820

00:36:41,459 --> 00:36:37,929

and then science has taken over and done

821

00:36:43,410 --> 00:36:41,469

exactly the same thing right that was a

822

00:36:45,749 --> 00:36:43,420

problem in Christianity and it's a

823

00:36:47,819 --> 00:36:45,759

problem in science and it's only when we

824

00:36:50,099 --> 00:36:47,829

break apart both of those that we can

825

00:36:53,489 --> 00:36:50,109

find the value in both of them and I

826

00:36:56,640 --> 00:36:53,499

would take that back to Druidry and to

827

00:36:59,969 --> 00:36:56,650

Hinduism and to Islam and to everything

828

00:37:02,009 --> 00:36:59,979

I mean there are folk in paganism who

829

00:37:04,410 --> 00:37:02,019

are doing just the same thing right

830

00:37:07,169 --> 00:37:04,420

right I want to talk about that we all

831

00:37:09,989 --> 00:37:07,179

have this need or this ability or this

832

00:37:12,870 --> 00:37:09,999

blind spot to spin into orthodoxy right

833

00:37:14,759 --> 00:37:12,880

and to be rule-following you know I just

834

00:37:17,309 --> 00:37:14,769

tell me the answers I don't have to

835

00:37:19,109 --> 00:37:17,319

think too much yes and that's like

836

00:37:20,819 --> 00:37:19,119

saying well there's life in this death

837

00:37:22,859 --> 00:37:20,829

and you are alive well you're dead and

838

00:37:25,819 --> 00:37:22,869

that's it and there's black and there's

839

00:37:30,660 --> 00:37:25,829

white and there's you know but there's

840

00:37:32,729 --> 00:37:30,670

none of that there is just the being the

841

00:37:37,289 --> 00:37:32,739

experience of being in the mindedness in

842

00:37:39,479 --> 00:37:37,299

a profusion of patterns that we perceive

843

00:37:43,140 --> 00:37:39,489

in various different ways that's what

844

00:37:45,569 --> 00:37:43,150

it's about but that's a very that's for

845

00:37:48,660 --> 00:37:45,579

most people that that that's the way of

846

00:37:52,019 --> 00:37:48,670

madness because it's we use all these

847

00:37:55,319 --> 00:37:52,029

tools in order to tap down or smash down

848

00:37:57,900 --> 00:37:55,329

hammer down a reality and a reality I

849

00:38:02,749 --> 00:37:57,910

would define reality is that which we

850

00:38:04,240 --> 00:38:02,759

need to believe in order to stay sane so

851

00:38:06,370 --> 00:38:04,250

it's got nothing

852

00:38:09,820 --> 00:38:06,380

to do with the actuality of the universe

853

00:38:12,790 --> 00:38:09,830

it's about what we need to believe is

854

00:38:14,620 --> 00:38:12,800

true in order to stay saying that's what

855

00:38:16,120 --> 00:38:14,630

what helps us sleep at two o'clock in

856

00:38:18,070 --> 00:38:16,130

the morning when you wake up in your

857

00:38:20,440 --> 00:38:18,080

like okay what what can I think if I

858

00:38:22,720 --> 00:38:20,450

just help me go back to sleep right even

859

00:38:24,970 --> 00:38:22,730

that even even it just helps us to walk

860

00:38:27,400 --> 00:38:24,980

through doorways it helps us to stand

861

00:38:29,980 --> 00:38:27,410

upright right great right commit into

862

00:38:32,410 --> 00:38:29,990

relationships or have children or you

863

00:38:36,400 --> 00:38:32,420

know decisions and all of these things

864

00:38:41,590 --> 00:38:36,410

are what we handed down into a reality

865

00:38:44,020 --> 00:38:41,600

which is to to structured and then we

866

00:38:45,700 --> 00:38:44,030

pass off this reality is truth as

867

00:38:47,500 --> 00:38:45,710

universal truth I don't know if we need

868

00:38:51,640 --> 00:38:47,510

that reality but but we do need that

869

00:38:54,010 --> 00:38:51,650

reality to function in some ways that we

870

00:38:57,100 --> 00:38:54,020

choose to function family is a great one

871

00:39:00,280 --> 00:38:57,110

you know if you want to have I have four

872

00:39:02,620 --> 00:39:00,290

kids I love my kids I love my wife we've

873

00:39:03,970 --> 00:39:02,630

been together for a long time my wife

874

00:39:05,350 --> 00:39:03,980

never listened ever listened to one

875

00:39:07,420 --> 00:39:05,360

skeptically you know she's never

876

00:39:08,740 --> 00:39:07,430

listened to one episode she's dealt me

877

00:39:12,730 --> 00:39:08,750

with the recording on the beginning but

878

00:39:16,150 --> 00:39:12,740

not her thing you know so yeah we have

879

00:39:19,330 --> 00:39:16,160

to function in a lot of different worlds

880

00:39:22,120 --> 00:39:19,340

that sometimes overlap sometimes don't

881

00:39:25,000 --> 00:39:22,130

and we're we're making those trade-offs

882

00:39:28,570 --> 00:39:25,010

right we are but I think this is this is

883

00:39:31,120 --> 00:39:28,580

the issue with animism when I talk to

884

00:39:34,770 --> 00:39:31,130

people about animism they immediately

885

00:39:39,280 --> 00:39:34,780

have an idea of animism which is

886

00:39:42,870 --> 00:39:39,290

language which is imagined which is

887

00:39:47,020 --> 00:39:42,880

perceived through that materialistic or

888

00:39:49,990 --> 00:39:47,030

monotheistic framework of reality that's

889

00:39:53,410 --> 00:39:50,000

honed that's hammered into something

890

00:39:55,210 --> 00:39:53,420

that's solid and atom ISM isn't like

891

00:39:57,160 --> 00:39:55,220

that so from that perspective if you

892

00:39:59,980 --> 00:39:57,170

look at animism and animism is a very

893

00:40:01,540 --> 00:39:59,990

childish it's about believing there's

894

00:40:04,030 --> 00:40:01,550

this little spirit in a tree that you

895

00:40:05,890 --> 00:40:04,040

can talk to it's about you know

896

00:40:07,390 --> 00:40:05,900

believing the rocks if you sit and

897

00:40:09,700 --> 00:40:07,400

listen quietly enough they'll speak

898

00:40:12,310 --> 00:40:09,710

English to you as well and that's the

899

00:40:14,230 --> 00:40:12,320

fairytale definition that for the

900

00:40:16,180 --> 00:40:14,240

cartoonish definition of what people

901

00:40:18,010 --> 00:40:16,190

have about an ism right

902

00:40:20,380 --> 00:40:18,020

it's the same in Christianity like

903

00:40:23,109 --> 00:40:20,390

there's Jesus sitting on a cloud with a

904

00:40:25,930 --> 00:40:23,119

big beard it's it's exactly the same and

905

00:40:28,900 --> 00:40:25,940

when people realize that that's not what

906

00:40:30,220 --> 00:40:28,910

animism is that's like people you say

907

00:40:32,559 --> 00:40:30,230

you can't say Christianity is about

908

00:40:33,940 --> 00:40:32,569

looking up to a cloud you know and

909

00:40:36,700 --> 00:40:33,950

there's a guy out there with a beard

910

00:40:39,400 --> 00:40:36,710

well animism is not about looking at a

911

00:40:41,559 --> 00:40:39,410

stone or a river and thinking there's a

912

00:40:43,390 --> 00:40:41,569

spirit that you know if you could

913

00:40:45,099 --> 00:40:43,400

squeeze your eyes close a little bit

914

00:40:47,079 --> 00:40:45,109

you'll see a sort of a a mist

915

00:40:49,630 --> 00:40:47,089

that's the spirit and then you oh it's

916

00:40:52,270 --> 00:40:49,640

just ludicrous it's so childish that's

917

00:40:56,559 --> 00:40:52,280

not what it's about it's about the

918

00:40:59,829 --> 00:40:56,569

essence of what nature is made of is it

919

00:41:03,520 --> 00:40:59,839

made of that dualist perspective is it

920

00:41:07,260 --> 00:41:03,530

made of the ghost the consciousness the

921

00:41:11,470 --> 00:41:07,270

thinking and then there's the inert

922

00:41:13,960 --> 00:41:11,480

molecules the subatomic particles and

923

00:41:16,510 --> 00:41:13,970

that's it so those ghosts those

924

00:41:18,460 --> 00:41:16,520

consciousnesses are only in special

925

00:41:23,200 --> 00:41:18,470

parts of nature and the rest is just

926  
00:41:25,120 --> 00:41:23,210  
thoughtless mindless dead or is from an

927  
00:41:29,049 --> 00:41:25,130  
animistic perspective it's the other

928  
00:41:31,990 --> 00:41:29,059  
extreme it take those to dwell into that

929  
00:41:35,319 --> 00:41:32,000  
duality those two ideas and smash them

930  
00:41:37,630 --> 00:41:35,329  
apart don't discard them but smash them

931  
00:41:39,819 --> 00:41:37,640  
to pieces because only in totally

932  
00:41:47,289 --> 00:41:39,829  
smashing them to pieces do you get that

933  
00:41:49,539 --> 00:41:47,299  
glorious um diffusion of everything you

934  
00:41:51,279 --> 00:41:49,549  
know and I'd actually say it slightly I

935  
00:41:52,750 --> 00:41:51,289  
get where you're coming from but I'd say

936  
00:41:55,779 --> 00:41:52,760  
it in a slightly different way because

937  
00:41:58,809 --> 00:41:55,789  
in your book the wakeful world what you

938  
00:42:01,599 --> 00:41:58,819

do is draw the contrast the relief if

939

00:42:03,370 --> 00:42:01,609

you will and say okay let's look at

940

00:42:05,380 --> 00:42:03,380

materialism does that really hold

941

00:42:09,099 --> 00:42:05,390

together and when you start picking it

942

00:42:11,500 --> 00:42:09,109

apart then for the average person who's

943

00:42:13,450 --> 00:42:11,510

coming at this by comparison you're

944

00:42:16,809 --> 00:42:13,460

already drawn to animism because you're

945

00:42:18,760 --> 00:42:16,819

like wow that really is so ridiculous

946

00:42:20,950 --> 00:42:18,770

you mean on just this biological robot

947

00:42:23,740 --> 00:42:20,960

in a meaningless world nothing is real

948

00:42:25,870 --> 00:42:23,750

my experience isn't real yet nothing

949

00:42:26,630 --> 00:42:25,880

else matters or I'm not interacting you

950

00:42:29,210 --> 00:42:26,640

know it

951  
00:42:31,339 --> 00:42:29,220  
sounds at that point so absurd and so

952  
00:42:33,529 --> 00:42:31,349  
crazy that I think anyone is open to

953  
00:42:36,589 --> 00:42:33,539  
well what's the alternative it's not

954  
00:42:38,809 --> 00:42:36,599  
even that it's meaningless because the

955  
00:42:45,200 --> 00:42:38,819  
meaninglessness to me is somehow it it's

956  
00:42:49,880 --> 00:42:45,210  
a human emotional response to to the

957  
00:42:53,240 --> 00:42:49,890  
reality I'll use that word um if you

958  
00:42:55,819 --> 00:42:53,250  
look at it rationally scientifically if

959  
00:42:59,000 --> 00:42:55,829  
you like use the tools of science there

960  
00:43:01,279 --> 00:42:59,010  
is no understanding in science of what

961  
00:43:03,079 --> 00:43:01,289  
consciousness is there are people like

962  
00:43:05,150 --> 00:43:03,089  
your friend going through stories there

963  
00:43:06,620 --> 00:43:05,160

anecdotal stories and they're looking at

964

00:43:08,180 --> 00:43:06,630

research but it's through through

965

00:43:10,130 --> 00:43:08,190

narratives through stories through

966

00:43:13,190 --> 00:43:10,140

experience but what is consciousness

967

00:43:16,849 --> 00:43:13,200

nobody knows and the fact that nobody

968

00:43:20,240 --> 00:43:16,859

knows what consciousness is is really

969

00:43:21,859 --> 00:43:20,250

hidden in our world people don't talk

970

00:43:24,019 --> 00:43:21,869

about it as an assumption that someone

971

00:43:26,599 --> 00:43:24,029

knows that because if you don't know

972

00:43:28,839 --> 00:43:26,609

what consciousness is then why are you

973

00:43:33,440 --> 00:43:30,319

antipsychotic drugs

974

00:43:36,009 --> 00:43:33,450

what are these antidepressant drugs what

975

00:43:38,930 --> 00:43:36,019

are these drugs that shift consciousness

976

00:43:40,910 --> 00:43:38,940

I'm not talking about plants and drugs

977

00:43:42,230 --> 00:43:40,920

that come out of nature but they don't

978

00:43:43,670 --> 00:43:42,240

answer the question either I mean it

979

00:43:45,859 --> 00:43:43,680

doesn't matter if it's organic it's

980

00:43:48,319 --> 00:43:45,869

still the same question one of the ways

981

00:43:48,799 --> 00:43:48,329

to get there is the hindu net annette

982

00:43:51,140 --> 00:43:48,809

Aneta

983

00:43:52,910 --> 00:43:51,150

i mean it's not that it's not that it's

984

00:43:55,160 --> 00:43:52,920

not that it's also this origin of the

985

00:43:56,749 --> 00:43:55,170

skeptic of the Greek philosophers keep

986

00:43:58,730 --> 00:43:56,759

asking the question it's not that it's

987

00:44:01,220 --> 00:43:58,740

not that so we don't know what

988

00:44:03,559 --> 00:44:01,230

consciousness is and as we get closer to

989

00:44:05,120 --> 00:44:03,569

it and what as we understand understand

990

00:44:07,490 --> 00:44:05,130

that perhaps consciousness is

991

00:44:09,289 --> 00:44:07,500

fundamental that it is the base of

992

00:44:11,059 --> 00:44:09,299

everything then that means it's going to

993

00:44:13,640 --> 00:44:11,069

be impossible to ever know what

994

00:44:15,710 --> 00:44:13,650

consciousness is but what we can do and

995

00:44:18,079 --> 00:44:15,720

what is useful and what you are doing is

996

00:44:21,380 --> 00:44:18,089

saying you know what it appears that

997

00:44:23,839 --> 00:44:21,390

consciousness is not this it's not

998

00:44:26,120 --> 00:44:23,849

purely an epiphenomena of the brain it

999

00:44:27,620 --> 00:44:26,130

isn't manufactured the way we

1000

00:44:30,859 --> 00:44:27,630

manufacture cars

1001  
00:44:32,690 --> 00:44:30,869  
it isn't neurologically based it doesn't

1002  
00:44:35,900 --> 00:44:32,700  
make sense to look at where

1003  
00:44:38,960 --> 00:44:35,910  
consciousness emerged when the

1004  
00:44:39,800 --> 00:44:38,970  
consciousness suddenly come into you

1005  
00:44:42,440 --> 00:44:39,810  
know we look at

1006  
00:44:43,280 --> 00:44:42,450  
way back at what point that it is a

1007  
00:44:45,380 --> 00:44:43,290  
category era

1008  
00:44:49,090 --> 00:44:45,390  
it doesn't make exactly approach that a

1009  
00:44:52,100 --> 00:44:49,100  
thing else it can't it's two different

1010  
00:44:55,540 --> 00:44:52,110  
its absolutely fundamentally different

1011  
00:44:59,870 --> 00:44:55,550  
um it's um

1012  
00:45:03,200 --> 00:44:59,880  
disrespectful now I'm shifting it from

1013  
00:45:04,900 --> 00:45:03,210

the scientific to the spiritual or and

1014

00:45:08,530 --> 00:45:04,910

I'm putting in that word for me it's

1015

00:45:12,410 --> 00:45:08,540

disrespectful to imagine that it's not

1016

00:45:15,500 --> 00:45:12,420

fundamental and disrespecting anything

1017

00:45:20,180 --> 00:45:15,510

is a way of making sure that we don't

1018

00:45:22,940 --> 00:45:20,190

work with it in harmony that we misuse

1019

00:45:24,560 --> 00:45:22,950

it that we don't understand it

1020

00:45:26,990 --> 00:45:24,570

fundamentally so if you think you

1021

00:45:29,420 --> 00:45:27,000

understand it where you discard the need

1022

00:45:33,860 --> 00:45:29,430

to understand it so you assume someone

1023

00:45:35,960 --> 00:45:33,870

else understands it you I mean that it's

1024

00:45:37,850 --> 00:45:35,970

that wonderful thing materialists sake

1025

00:45:39,040 --> 00:45:37,860

well consciousness is an epiphenomenon

1026

00:45:42,980 --> 00:45:39,050

of

1027

00:45:45,800 --> 00:45:42,990

the brain or physicality the nervous

1028

00:45:49,580 --> 00:45:45,810

system coming together but they don't

1029

00:45:52,400 --> 00:45:49,590

tell us where it emerged out of in

1030

00:45:54,530 --> 00:45:52,410

evolution out of nature itself so

1031

00:45:57,650 --> 00:45:54,540

there's a massive gap I mean it's it

1032

00:46:01,520 --> 00:45:57,660

just stands on nothing the iDrive is it

1033

00:46:03,890 --> 00:46:01,530

is completely bound but found 'less and

1034

00:46:07,280 --> 00:46:03,900

that's again it's hidden it's an

1035

00:46:10,190 --> 00:46:07,290

incredibly disingenuous perspective yet

1036

00:46:15,230 --> 00:46:10,200

it is so fundamental to modern Western

1037

00:46:17,630 --> 00:46:15,240

culture and modern Western capitalism as

1038

00:46:20,780 --> 00:46:17,640

well yeah that takes us in a whole

1039

00:46:22,040 --> 00:46:20,790

different direction which is fundamental

1040

00:46:24,590 --> 00:46:22,050

to really trying to pull this apart

1041

00:46:28,310 --> 00:46:24,600

which is you know what is the

1042

00:46:33,140 --> 00:46:28,320

relationship between these scientific

1043

00:46:36,050 --> 00:46:33,150

paradigms this dogma and the agenda over

1044

00:46:39,760 --> 00:46:36,060

here in terms of controlling people and

1045

00:46:42,980 --> 00:46:39,770

control systems and all the rest of that

1046

00:46:44,710 --> 00:46:42,990

maybe we want to maybe we want to talk

1047

00:46:48,260 --> 00:46:44,720

about that I certainly think it's

1048

00:46:48,800 --> 00:46:48,270

inescapable to see it will I look at it

1049

00:46:51,380 --> 00:46:48,810

this way

1050

00:46:53,660 --> 00:46:51,390

I was said if you want to run the world

1051  
00:46:56,000 --> 00:46:53,670  
if you want to be

1052  
00:46:57,620 --> 00:46:56,010  
Julius Caesar and go kill all the Druids

1053  
00:46:59,750 --> 00:46:57,630  
or I think it was who was it wet just

1054  
00:47:02,180 --> 00:46:59,760  
wiped up wiped them off the face of the

1055  
00:47:05,030 --> 00:47:02,190  
earth but if you want to run the world

1056  
00:47:07,970 --> 00:47:05,040  
in the modern world would you how would

1057  
00:47:10,490 --> 00:47:07,980  
you want people to act and I think the

1058  
00:47:12,440 --> 00:47:10,500  
way you'd want to act is the way George

1059  
00:47:14,990 --> 00:47:12,450  
Bush want him to act when he invaded

1060  
00:47:17,420 --> 00:47:15,000  
Iraq after 9/11 and said just go

1061  
00:47:19,190 --> 00:47:17,430  
shopping just go down to your mall and

1062  
00:47:22,520 --> 00:47:19,200  
continue your shop and people continue

1063  
00:47:27,309 --> 00:47:22,530

doing the mindless stuff that you do I

1064

00:47:32,079 --> 00:47:27,319

mean that is the quintessential

1065

00:47:34,849 --> 00:47:32,089

experience of how scientific materialism

1066

00:47:37,640 --> 00:47:34,859

infiltrates into you know the collective

1067

00:47:39,740 --> 00:47:37,650

consciousness in terms of what we do and

1068

00:47:42,319 --> 00:47:39,750

if we in fact you can go back to Julius

1069

00:47:46,569 --> 00:47:42,329

Caesar he didn't his aim wasn't to wipe

1070

00:47:49,430 --> 00:47:46,579

out the Druids his aim was to take over

1071

00:47:51,530 --> 00:47:49,440

areas where there were great trade

1072

00:47:54,410 --> 00:47:51,540

resources to control the people to

1073

00:47:58,190 --> 00:47:54,420

control cos right exactly exactly yeah

1074

00:48:04,510 --> 00:47:58,200

so um yes it's controlling consciousness

1075

00:48:10,160 --> 00:48:04,520

by giving that opium off of a trade of

1076  
00:48:17,420 --> 00:48:10,170  
consumerism and and it's impossible to

1077  
00:48:20,240 --> 00:48:17,430  
consume in a way that is that is good

1078  
00:48:22,789 --> 00:48:20,250  
for capitalism if everything around you

1079  
00:48:28,220 --> 00:48:22,799  
is minded if you understand that

1080  
00:48:31,069 --> 00:48:28,230  
everything has its UM right to thrive to

1081  
00:48:34,579 --> 00:48:31,079  
live to be itself you can't just go

1082  
00:48:38,329 --> 00:48:34,589  
wiping out environments you can't breed

1083  
00:48:41,569 --> 00:48:38,339  
and abuse animals you can't you can't do

1084  
00:48:44,539 --> 00:48:41,579  
any of this I mean animism in itself has

1085  
00:48:47,120 --> 00:48:44,549  
to as a philosophy it it brings us to a

1086  
00:48:49,490 --> 00:48:47,130  
point of minimal consumerism which is

1087  
00:48:51,440 --> 00:48:49,500  
not good for capitalism you know but the

1088  
00:48:54,230 --> 00:48:51,450

flip side of that and anyone will bring

1089

00:48:56,960 --> 00:48:54,240

this up and it's rightful to do so is

1090

00:48:59,329 --> 00:48:56,970

that if we look at our history over the

1091

00:49:02,240 --> 00:48:59,339

last hundred years it's been a battle of

1092

00:49:05,539 --> 00:49:02,250

two ideological systems capitalism and

1093

00:49:07,370 --> 00:49:05,549

communism if you will and certainly any

1094

00:49:09,230 --> 00:49:07,380

thinking person is going to choose Kay

1095

00:49:12,410 --> 00:49:09,240

over communism communism is done a

1096

00:49:15,319 --> 00:49:12,420

complete failure talking about you know

1097

00:49:19,279 --> 00:49:15,329

completely one because it's atheistic it

1098

00:49:21,400 --> 00:49:19,289

completely denies as wrong as Christians

1099

00:49:25,279 --> 00:49:21,410

might be or extreme fundamentalist

1100

00:49:28,329 --> 00:49:25,289

Islamists might be there at least in the

1101  
00:49:30,589 --> 00:49:28,339  
ball game of saying there's more the

1102  
00:49:32,539 --> 00:49:30,599  
atheistic there is nothing we are

1103  
00:49:35,420 --> 00:49:32,549  
biological robots life is meaningless

1104  
00:49:39,259 --> 00:49:35,430  
thing and the implementation of that by

1105  
00:49:40,640 --> 00:49:39,269  
Mao or Stalin or all the Communists

1106  
00:49:43,400 --> 00:49:40,650  
we've seen come along in the last

1107  
00:49:46,339 --> 00:49:43,410  
hundred years is just disastrous to the

1108  
00:49:48,950 --> 00:49:46,349  
soul of of people so you know it's two

1109  
00:49:51,049 --> 00:49:48,960  
really bad choices but I don't know you

1110  
00:49:53,660 --> 00:49:51,059  
just got to be fair in that sense but

1111  
00:49:56,900 --> 00:49:53,670  
fundamentally both capitalism and

1112  
00:50:02,269 --> 00:49:56,910  
communism are about the control of

1113  
00:50:06,109 --> 00:50:02,279

capital and ads are and how you lay down

1114

00:50:10,220 --> 00:50:06,119

an authority over the people as to how

1115

00:50:12,620 --> 00:50:10,230

they how you distribute that capital and

1116

00:50:15,200 --> 00:50:12,630

what kind of power that people have

1117

00:50:18,499 --> 00:50:15,210

about what they their input is in terms

1118

00:50:20,150 --> 00:50:18,509

of that distribution of capital um so in

1119

00:50:22,970 --> 00:50:20,160

that respect it's they're both about

1120

00:50:24,230 --> 00:50:22,980

consumerism yeah but the only time I

1121

00:50:26,210 --> 00:50:24,240

ever hear people talking about an

1122

00:50:29,599 --> 00:50:26,220

alternative and you know springing

1123

00:50:32,089 --> 00:50:29,609

towards some an acro capital whatever

1124

00:50:34,930 --> 00:50:32,099

system we're going to have it always

1125

00:50:36,650 --> 00:50:34,940

seems to me to be built on this

1126

00:50:38,420 --> 00:50:36,660

infrastructure that was created by

1127

00:50:40,009 --> 00:50:38,430

capitalism it's they always say well now

1128

00:50:41,809 --> 00:50:40,019

we have the Internet you know so we go

1129

00:50:44,779 --> 00:50:41,819

to this and that's like well wait a

1130

00:50:46,549 --> 00:50:44,789

minute you're kind of assuming you know

1131

00:50:48,470 --> 00:50:46,559

it's like give me one miracle and I can

1132

00:50:51,410 --> 00:50:48,480

explain the rest will give me you know a

1133

00:50:53,120 --> 00:50:51,420

world wide web with total information

1134

00:50:55,160 --> 00:50:53,130

flow and all the rest of that and then

1135

00:50:57,680 --> 00:50:55,170

we can build a fair and just and

1136

00:51:00,380 --> 00:50:57,690

equitable system I don't I don't know

1137

00:51:01,999 --> 00:51:00,390

you know you can't really go there no I

1138

00:51:04,009 --> 00:51:02,009

think I think it comes down to each

1139

00:51:07,220 --> 00:51:04,019

individual person I think it has to

1140

00:51:09,680 --> 00:51:07,230

because in from an anarchic perspective

1141

00:51:13,460 --> 00:51:09,690

Mike respective as an anarchist I would

1142

00:51:15,140 --> 00:51:13,470

say that as an individual you have to be

1143

00:51:16,770 --> 00:51:15,150

responsible for yourself and you have to

1144

00:51:20,040 --> 00:51:16,780

be responsible for

1145

00:51:23,130 --> 00:51:20,050

or how much you interact you engage in

1146

00:51:24,930 --> 00:51:23,140

take from the world take from your

1147

00:51:28,260 --> 00:51:24,940

ecosystem your environment your

1148

00:51:32,430 --> 00:51:28,270

community in terms of consumption how

1149

00:51:35,850 --> 00:51:32,440

much you consume and how that level of

1150

00:51:38,460 --> 00:51:35,860

consumption affects the wider world so

1151  
00:51:41,580 --> 00:51:38,470  
you must be responsible for yourself and

1152  
00:51:44,280 --> 00:51:41,590  
responsible for your interaction how

1153  
00:51:47,160 --> 00:51:44,290  
much you consume so it takes it doesn't

1154  
00:51:49,530 --> 00:51:47,170  
matter if it's on the internet or just

1155  
00:51:51,330 --> 00:51:49,540  
in your local village or town it's all

1156  
00:51:53,460 --> 00:51:51,340  
about consumption you reduce your

1157  
00:51:55,800 --> 00:51:53,470  
consumption and then you're starting to

1158  
00:51:57,890 --> 00:51:55,810  
get somewhere just reduce reduce until

1159  
00:52:02,880 --> 00:51:57,900  
you're at a point where you are

1160  
00:52:06,440 --> 00:52:02,890  
surviving and joyful you don't just be

1161  
00:52:08,820 --> 00:52:06,450  
clear what you need and what you want

1162  
00:52:10,920 --> 00:52:08,830  
you know the only problem I always have

1163  
00:52:13,320 --> 00:52:10,930

with with that when I talk to anarchist

1164

00:52:15,750 --> 00:52:13,330

because philosophically I'm right there

1165

00:52:18,570 --> 00:52:15,760

where it always seems to break down is

1166

00:52:21,900 --> 00:52:18,580

that we are going to need some kind of

1167

00:52:26,010 --> 00:52:21,910

collective decision-making and are you

1168

00:52:28,230 --> 00:52:26,020

willing to submit to majority rule I

1169

00:52:31,350 --> 00:52:28,240

guess is what it comes down to because

1170

00:52:34,140 --> 00:52:31,360

I'm not I mean I am a kind of classic

1171

00:52:37,740 --> 00:52:34,150

way over the top you know but I also

1172

00:52:39,060 --> 00:52:37,750

have an opportunity with my with my life

1173

00:52:41,520 --> 00:52:39,070

in my situation where I have a lot of

1174

00:52:43,140 --> 00:52:41,530

freedom and a lot of choices so I can

1175

00:52:44,520 --> 00:52:43,150

kind of rock either way in terms of

1176  
00:52:47,760 --> 00:52:44,530  
going along it doesn't affect me too

1177  
00:52:49,650 --> 00:52:47,770  
much but are the anok anarchists really

1178  
00:52:51,630 --> 00:52:49,660  
willing to say well if somebody doesn't

1179  
00:52:54,150 --> 00:52:51,640  
want to do it your way and somebody

1180  
00:52:56,700 --> 00:52:54,160  
wants to raise a bunch of industrial

1181  
00:52:57,810 --> 00:52:56,710  
cattle and everyone goes all-in 70% to

1182  
00:52:59,940 --> 00:52:57,820  
be able to go along with that

1183  
00:53:03,810 --> 00:52:59,950  
then do you go along with that or do you

1184  
00:53:05,610 --> 00:53:03,820  
go start you know Obama bombing the

1185  
00:53:07,800 --> 00:53:05,620  
place and you know doing all this crazy

1186  
00:53:10,170 --> 00:53:07,810  
like you said kind of doing all the

1187  
00:53:13,110 --> 00:53:10,180  
crazy stuff that goes against the

1188  
00:53:15,600 --> 00:53:13,120

fundamental idea of the spiritual truth

1189

00:53:19,200 --> 00:53:15,610

which is to be in yourself and to

1190

00:53:21,180 --> 00:53:19,210

realize that we just have to kind of be

1191

00:53:23,310 --> 00:53:21,190

okay with whatever happens ultimately

1192

00:53:25,680 --> 00:53:23,320

while we're trying to affect change

1193

00:53:27,660 --> 00:53:25,690

fundamentally everything's going to be

1194

00:53:31,230 --> 00:53:27,670

okay I don't know

1195

00:53:34,470 --> 00:53:31,240

if everything is going to be okay I I

1196

00:53:39,150 --> 00:53:34,480

I'm not sure that that's the point

1197

00:53:41,130 --> 00:53:39,160

I think that um holding on to it own

1198

00:53:42,710 --> 00:53:41,140

that that fine thread that says

1199

00:53:46,980 --> 00:53:42,720

everything is going to be okay is

1200

00:53:50,010 --> 00:53:46,990

sometimes a way of not taking immediate

1201  
00:53:53,339 --> 00:53:50,020  
action immediate responsibility now but

1202  
00:53:55,200 --> 00:53:53,349  
I still think it's about oneself I think

1203  
00:53:56,670 --> 00:53:55,210  
in terms of the you know are we going to

1204  
00:53:59,400 --> 00:53:56,680  
be okay with what other people want

1205  
00:54:00,569 --> 00:53:59,410  
latter about education and that's why

1206  
00:54:03,180 --> 00:54:00,579  
for me animism

1207  
00:54:07,339 --> 00:54:03,190  
and anarchy go together we don't live in

1208  
00:54:10,770 --> 00:54:07,349  
a world which perceives animistic Lee

1209  
00:54:13,470 --> 00:54:10,780  
therefore it wouldn't work in my

1210  
00:54:16,309 --> 00:54:13,480  
perspective it wouldn't work to be in a

1211  
00:54:20,579 --> 00:54:16,319  
world which functioned and are quickly

1212  
00:54:24,230 --> 00:54:20,589  
because anarchy needs to be it needs to

1213  
00:54:27,510 --> 00:54:24,240

come it comes from that same perspective

1214

00:54:28,680 --> 00:54:27,520

where you understand that everything has

1215

00:54:31,230 --> 00:54:28,690

a right to be

1216

00:54:36,990 --> 00:54:31,240

everything has a right to thrive and you

1217

00:54:40,230 --> 00:54:37,000

don't abuse or intervene in the world

1218

00:54:42,690 --> 00:54:40,240

beyond what you need to so you can't say

1219

00:54:44,990 --> 00:54:42,700

yes if you're if everyone is working in

1220

00:54:49,579 --> 00:54:45,000

an animistic way Dani Anarchy would work

1221

00:54:52,140 --> 00:54:49,589

if everyone is still thriving striving

1222

00:54:54,569 --> 00:54:52,150

grasping for their own little bit of

1223

00:54:56,640 --> 00:54:54,579

capital for their own little bit of

1224

00:54:59,309 --> 00:54:56,650

survival in the capitalist world then

1225

00:55:01,380 --> 00:54:59,319

Anarchy doesn't work just like communism

1226  
00:55:03,510 --> 00:55:01,390  
doesn't work when it's still based on

1227  
00:55:07,079 --> 00:55:03,520  
consumerism in that way it's still based

1228  
00:55:10,710 --> 00:55:07,089  
on capital we have to get rid of this

1229  
00:55:14,309 --> 00:55:10,720  
notion of capital and start to

1230  
00:55:18,839 --> 00:55:14,319  
understand the notion of relationship

1231  
00:55:21,480 --> 00:55:18,849  
and the ecosystem of of our relationship

1232  
00:55:24,960 --> 00:55:21,490  
of our world when we're working purely

1233  
00:55:27,059 --> 00:55:24,970  
on relationship one to want me with the

1234  
00:55:28,950 --> 00:55:27,069  
ground me with the rain me with the

1235  
00:55:32,099 --> 00:55:28,960  
river me with the neighbors need me with

1236  
00:55:36,120 --> 00:55:32,109  
the birds me with the source of water

1237  
00:55:37,060 --> 00:55:36,130  
the source of food and everything in in

1238  
00:55:40,570 --> 00:55:37,070

that web of

1239

00:55:45,220 --> 00:55:40,580

understanding everything is minded and

1240

00:55:48,520 --> 00:55:45,230

and our level of respect changes but

1241

00:55:50,800 --> 00:55:48,530

then anarchy has a possible future but

1242

00:55:53,650 --> 00:55:50,810

without that I think and I anarchy

1243

00:55:58,930 --> 00:55:53,660

within a capitalist system or a

1244

00:56:00,610 --> 00:55:58,940

consumerist system cannot work as I was

1245

00:56:03,040 --> 00:56:00,620

mentioning ago you know this hasn't gone

1246

00:56:05,650 --> 00:56:03,050

exactly the way that I planned but I

1247

00:56:08,350 --> 00:56:05,660

think it's great I love that I hope

1248

00:56:09,970 --> 00:56:08,360

people are getting a sense for who you

1249

00:56:12,730 --> 00:56:09,980

are you know and who you are right now

1250

00:56:14,110 --> 00:56:12,740

because then they can go check you out

1251  
00:56:16,570 --> 00:56:14,120  
and check out the work that you're doing

1252  
00:56:17,770 --> 00:56:16,580  
and follow you if you want to be

1253  
00:56:18,660 --> 00:56:17,780  
followed maybe you don't want to be

1254  
00:56:21,400 --> 00:56:18,670  
followed

1255  
00:56:24,820 --> 00:56:21,410  
no read the books but don't follow me

1256  
00:56:26,530 --> 00:56:24,830  
I'm like a cat you know I I just I don't

1257  
00:56:29,200 --> 00:56:26,540  
like to be followed don't turn around in

1258  
00:56:31,210 --> 00:56:29,210  
the snow go go go

1259  
00:56:33,910 --> 00:56:31,220  
so you in the physical sense or in the

1260  
00:56:35,320 --> 00:56:33,920  
kind of social media sense you're not

1261  
00:56:36,580 --> 00:56:35,330  
kind of out there all the time but you

1262  
00:56:37,990 --> 00:56:36,590  
want these ideas to get out there which

1263  
00:56:40,950 --> 00:56:38,000

is totally cool I get that that's

1264

00:56:44,020 --> 00:56:40,960

totally fair and actually that's another

1265

00:56:45,280 --> 00:56:44,030

it's the paradox again which I think has

1266

00:56:47,470 --> 00:56:45,290

been a reoccurring theme in this

1267

00:56:49,750 --> 00:56:47,480

conversation which is important to me

1268

00:56:52,300 --> 00:56:49,760

the only things that are true are

1269

00:56:54,010 --> 00:56:52,310

paradoxical I mean it's always and and

1270

00:56:56,710 --> 00:56:54,020

here's a paradox that I want to pick up

1271

00:56:59,230 --> 00:56:56,720

on because a minute ago I said it's all

1272

00:57:00,820 --> 00:56:59,240

going to be okay is kind of and really I

1273

00:57:02,920 --> 00:57:00,830

say that and then I immediately what

1274

00:57:05,320 --> 00:57:02,930

goes off in my head is my mantra is

1275

00:57:07,780 --> 00:57:05,330

really the opposite of that it's not

1276  
00:57:10,540 --> 00:57:07,790  
going to be okay nothing is going to be

1277  
00:57:12,880 --> 00:57:10,550  
okay because my little scheming mind

1278  
00:57:14,440 --> 00:57:12,890  
that says you know I want this or I want

1279  
00:57:17,290 --> 00:57:14,450  
this for my kids or I want this for

1280  
00:57:20,680 --> 00:57:17,300  
myself or I want to be healthy you know

1281  
00:57:22,870 --> 00:57:20,690  
all that stuff is going to go away none

1282  
00:57:25,900 --> 00:57:22,880  
of it is going to work out exactly the

1283  
00:57:29,710 --> 00:57:25,910  
way that I want and am i okay with the

1284  
00:57:33,820 --> 00:57:29,720  
fact that it's not going to be perfect

1285  
00:57:36,760 --> 00:57:33,830  
it's not going to be okay so yes and

1286  
00:57:39,460 --> 00:57:36,770  
also when we when we think about

1287  
00:57:41,880 --> 00:57:39,470  
something being okay we have an idea as

1288  
00:57:46,080 --> 00:57:41,890

you said we have an image and

1289

00:57:50,410 --> 00:57:46,090

expectation of what that means

1290

00:57:52,240 --> 00:57:50,420

having it's not even about letting go of

1291

00:57:55,540 --> 00:57:52,250

that and allowing something else to be

1292

00:57:59,640 --> 00:57:55,550

it's about letting go of the expectation

1293

00:58:06,010 --> 00:57:59,650

itself because expectation won't arise

1294

00:58:10,080 --> 00:58:06,020

it's part of what um makes us inflexible

1295

00:58:13,270 --> 00:58:10,090

it makes us defensive it makes us

1296

00:58:16,930 --> 00:58:13,280

protective of what we have and all kinds

1297

00:58:19,360 --> 00:58:16,940

of bad human behaviors no it's much

1298

00:58:23,470 --> 00:58:19,370

easier to have nothing and have nothing

1299

00:58:25,740 --> 00:58:23,480

to lose and so I'm not expect stuff

1300

00:58:28,300 --> 00:58:25,750

everything is about us everything is

1301

00:58:30,340 --> 00:58:28,310

wonderful when it comes well this is

1302

00:58:32,890 --> 00:58:30,350

deep spirituality I mean virtually every

1303

00:58:35,590 --> 00:58:32,900

wisdom tradition has that at some core

1304

00:58:38,050 --> 00:58:35,600

but as we said before it sometimes gets

1305

00:58:40,270 --> 00:58:38,060

obscured or it manifests in a different

1306

00:58:42,940 --> 00:58:40,280

way so now you have ascetic monks who

1307

00:58:44,830 --> 00:58:42,950

don't know why they're kneeling on wood

1308

00:58:46,540 --> 00:58:44,840

and don't have any possessions they just

1309

00:58:48,070 --> 00:58:46,550

say that's how we've always done it at

1310

00:58:50,830 --> 00:58:48,080

this monastery but they're not really

1311

00:58:54,880 --> 00:58:50,840

aware of why they're doing what they're

1312

00:58:57,240 --> 00:58:54,890

doing hmm yes which is a shame I think

1313

00:59:04,480 --> 00:58:57,250

there are a lot of spiritual traditions

1314

00:59:06,910 --> 00:59:04,490

including old pagan traditions and that

1315

00:59:08,710 --> 00:59:06,920

that are doing things because that the

1316

00:59:12,640 --> 00:59:08,720

way it's done one of the good things

1317

00:59:14,560 --> 00:59:12,650

about modern jewelry is that it was a

1318

00:59:17,650 --> 00:59:14,570

shattered it's not an ancient tradition

1319

00:59:21,160 --> 00:59:17,660

it existed a long time ago but it's not

1320

00:59:24,190 --> 00:59:21,170

only in some very skinny ways has it

1321

00:59:29,950 --> 00:59:24,200

passed all the way down into the 20th

1322

00:59:32,260 --> 00:59:29,960

19th 20th 21st centuries and that's the

1323

00:59:32,860 --> 00:59:32,270

fact that it's been broken is quite

1324

00:59:36,100 --> 00:59:32,870

valuable

1325

00:59:37,810 --> 00:59:36,110

I remember having long talks with First

1326

00:59:40,900 --> 00:59:37,820

Nation Canadians Native Americans

1327

00:59:45,570 --> 00:59:40,910

Lowery's people who have tradition which

1328

00:59:49,240 --> 00:59:45,580

is unbroken and talking about how they

1329

00:59:51,550 --> 00:59:49,250

struggle with the rigidity of tradition

1330

00:59:53,620 --> 00:59:51,560

they struck with the superstitions that

1331

00:59:57,570 --> 00:59:53,630

have been in there for so many hundreds

1332

01:00:03,540 --> 00:59:57,580

of years maybe thousands of years and

1333

01:00:05,370 --> 01:00:03,550

a neo-paganism shouldn't some do but it

1334

01:00:08,160 --> 01:00:05,380

isn't necessary to have those

1335

01:00:12,030 --> 01:00:08,170

superstitions it can be bright and awake

1336

01:00:13,590 --> 01:00:12,040

and a part of a Hmong mind you know

1337

01:00:15,570 --> 01:00:13,600

that's a question that I have to ask

1338

01:00:17,430 --> 01:00:15,580

because the image that a lot of people

1339

01:00:20,160 --> 01:00:17,440

are going to have when they think druid

1340

01:00:23,250 --> 01:00:20,170

is going to be all the images you know

1341

01:00:25,800 --> 01:00:23,260

the white robes kind of the earthy stick

1342

01:00:28,470 --> 01:00:25,810

there or some kind of you know you know

1343

01:00:31,320 --> 01:00:28,480

the image and some of that is associated

1344

01:00:34,680 --> 01:00:31,330

with some people who practice Druidry

1345

01:00:37,860 --> 01:00:34,690

you know let's deconstruct that a little

1346

01:00:39,900 --> 01:00:37,870

bit why the nonconformity I mean I get

1347

01:00:42,150 --> 01:00:39,910

it as kind of a reactionary thing but

1348

01:00:44,880 --> 01:00:42,160

also there seems to be a little theater

1349

01:00:49,350 --> 01:00:44,890

shock factor there that I don't quite

1350

01:00:50,580 --> 01:00:49,360

get have you seen what bishops wear in

1351

01:00:52,740 --> 01:00:50,590

the church

1352

01:00:54,120 --> 01:00:52,750

totally but I'm not Christian I think

1353

01:00:57,210 --> 01:00:54,130

it's totally bizarre I think it's

1354

01:01:00,570 --> 01:00:57,220

cultish I think it's designed to control

1355

01:01:05,130 --> 01:01:00,580

people it's designed to it's a cultish

1356

01:01:09,200 --> 01:01:05,140

practice so so and and in Druidry I

1357

01:01:13,050 --> 01:01:09,210

would suggest that the vast majority of

1358

01:01:15,840 --> 01:01:13,060

people within the modern druid movement

1359

01:01:18,060 --> 01:01:15,850

here in Britain might stay probably

1360

01:01:20,220 --> 01:01:18,070

across Europe I have nothing to do with

1361

01:01:23,520 --> 01:01:20,230

that kind of theater they don't dress up

1362

01:01:25,260 --> 01:01:23,530

they wouldn't be a people wouldn't

1363

01:01:28,170 --> 01:01:25,270

assume or know that they were druid

1364

01:01:33,170 --> 01:01:28,180

unless they started talking to them so

1365

01:01:39,780 --> 01:01:33,180

it is a small fringe of theatricality of

1366

01:01:42,600 --> 01:01:39,790

ostentation of very well it's like you

1367

01:01:44,600 --> 01:01:42,610

know the hippies on the edge and that's

1368

01:01:47,730 --> 01:01:44,610

really not what Druidry is as a whole

1369

01:01:51,240 --> 01:01:47,740

you go to a conference here in England

1370

01:01:53,480 --> 01:01:51,250

throughs Druidry a druid recanted

1371

01:01:57,090 --> 01:01:53,490

Riddick conference and most people are

1372

01:02:00,090 --> 01:01:57,100

very mainstream in the way that they

1373

01:02:02,779 --> 01:02:00,100

look and the work that they do

1374

01:02:05,509 --> 01:02:02,789

later tend to work in caring or artistic

1375

01:02:08,449 --> 01:02:05,519

professions not in corporate you know

1376

01:02:11,209 --> 01:02:08,459

monsters but they still are working

1377

01:02:13,749 --> 01:02:11,219

within the mainstream of society so it's

1378

01:02:16,669 --> 01:02:13,759

that theatricality is just on the edge

1379

01:02:18,589 --> 01:02:16,679

and I played in there out there in the

1380

01:02:21,919 --> 01:02:18,599

wild because I've never been very good

1381

01:02:24,229 --> 01:02:21,929

in the rain stream I was out there but

1382

01:02:28,489 --> 01:02:24,239

that was partly because when I first

1383

01:02:36,549 --> 01:02:28,499

came to Gerry in the mid to late 1980s

1384

01:02:41,029 --> 01:02:36,559

it was a very patriarchal very soft

1385

01:02:43,269 --> 01:02:41,039

abstract um there were men leading the

1386

01:02:48,199 --> 01:02:43,279

groups there was a lot of

1387

01:02:50,359 --> 01:02:48,209

intellectualization it had enough so I

1388

01:02:53,390 --> 01:02:50,369

didn't think I couldn't find it

1389

01:02:57,079 --> 01:02:53,400

I had no women so and so I went in there

1390

01:03:00,829 --> 01:02:57,089

in my late 20s and stomped and and

1391

01:03:05,809 --> 01:03:00,839

yelled and and brought in some rich wild

1392

01:03:07,819 --> 01:03:05,819

shamanic energy and shook it up and I

1393

01:03:10,640 --> 01:03:07,829

did I made a difference though I say it

1394

01:03:12,259 --> 01:03:10,650

myself I did I made a difference in

1395

01:03:15,169 --> 01:03:12,269

there and then I got together with a

1396

01:03:17,479 --> 01:03:15,179

fellow called Philip chakras who was

1397

01:03:20,599 --> 01:03:17,489

working on a bearish in a very shamanic

1398

01:03:21,529 --> 01:03:20,609

way and I use that word but with slight

1399

01:03:24,109 --> 01:03:21,539

slight winds

1400

01:03:27,589 --> 01:03:24,119

um it's but it's a word that people

1401

01:03:31,390 --> 01:03:27,599

understand wrote the wildness the

1402

01:03:34,609 --> 01:03:31,400

understanding that drudgery is a

1403

01:03:38,269 --> 01:03:34,619

tradition of learning it's a tradition

1404

01:03:40,399 --> 01:03:38,279

of study one thing we know about the

1405

01:03:44,149 --> 01:03:40,409

Druids of 2,000 years ago and more is

1406

01:03:47,449 --> 01:03:44,159

that they were an intellectual elite or

1407

01:03:50,269 --> 01:03:47,459

they were the educated and they had

1408

01:03:53,630 --> 01:03:50,279

authority because they were educated and

1409

01:03:55,729 --> 01:03:53,640

I think that's why it was easy for

1410

01:03:57,949 --> 01:03:55,739

Caesar and and others to wipe them out

1411

01:04:00,739 --> 01:03:57,959

because they stood on their authority

1412

01:04:03,019 --> 01:04:00,749

and I don't like that I'm glad that that

1413

01:04:04,969 --> 01:04:03,029

was wiped out because that's what I

1414

01:04:06,530 --> 01:04:04,979

don't like I mean I wouldn't go for

1415

01:04:09,080 --> 01:04:06,540

Caesar instead of a jury

1416

01:04:11,300 --> 01:04:09,090

but you know the standing on your

1417

01:04:13,550 --> 01:04:11,310

authority and taking powers is not a

1418

01:04:15,890 --> 01:04:13,560

part of the spiritual path they

1419

01:04:18,590 --> 01:04:15,900

understand but that doesn't take away

1420

01:04:20,450 --> 01:04:18,600

from jewelry as a learning tradition if

1421

01:04:22,460 --> 01:04:20,460

you come across druids you know nothing

1422

01:04:24,860 --> 01:04:22,470

they're not doing charity

1423

01:04:27,050 --> 01:04:24,870

it's about studying nature it's not

1424

01:04:30,770 --> 01:04:27,060

about studying Druidry it's about

1425

01:04:32,150 --> 01:04:30,780

studying nature okay I got that so what

1426

01:04:35,270 --> 01:04:32,160

are you bringing to the table

1427

01:04:37,370 --> 01:04:35,280

what is druid jury telling me about the

1428

01:04:39,410 --> 01:04:37,380

big picture questions I want to know Who

1429

01:04:40,880 --> 01:04:39,420

am I why am I here I mean that's why

1430

01:04:42,550 --> 01:04:40,890

I've done a hundred shows on near-death

1431

01:04:45,110 --> 01:04:42,560

experience that's why I'm interested in

1432

01:04:47,660 --> 01:04:45,120

mediumship from a scientific standpoint

1433

01:04:48,620 --> 01:04:47,670

of reincarnation I want to answer the

1434

01:04:52,310 --> 01:04:48,630

big questions

1435

01:04:54,560 --> 01:04:52,320

what does Druidry tell me about this

1436

01:04:56,600 --> 01:04:54,570

extended consciousness realm which seems

1437

01:04:59,150 --> 01:04:56,610

to be at the center of everything I'm

1438

01:05:01,310 --> 01:04:59,160

gonna go back and before you interrupted

1439

01:05:04,030 --> 01:05:01,320

me so beautifully which is study nature

1440

01:05:07,490 --> 01:05:04,040

and that includes study human nature

1441

01:05:10,520 --> 01:05:07,500

study it as deeply and fully as you can

1442

01:05:13,400 --> 01:05:10,530

so for me as you'll see in my books that

1443

01:05:16,370 --> 01:05:13,410

includes for me studying the heritage of

1444

01:05:18,770 --> 01:05:16,380

my philosophy so the heritage of Western

1445

01:05:20,810 --> 01:05:18,780

philosophy going outside of that where

1446

01:05:22,510 --> 01:05:20,820

it can help me studying Hinduism or

1447

01:05:26,750 --> 01:05:22,520

Buddhism Shintoism whatever it may be

1448

01:05:29,570 --> 01:05:26,760

studying until I understand more what

1449

01:05:32,930 --> 01:05:29,580

works in terms of my perspective my

1450

01:05:35,440 --> 01:05:32,940

perception and that includes all that

1451  
01:05:38,240 --> 01:05:35,450  
brings us when your focus is on nature

1452  
01:05:40,130 --> 01:05:38,250  
that brings you to a respect and a

1453  
01:05:43,670 --> 01:05:40,140  
wakefulness and a willingness to open

1454  
01:05:45,470 --> 01:05:43,680  
your mind to what nature truly is but

1455  
01:05:48,320 --> 01:05:45,480  
Emma you have to realize anyone could

1456  
01:05:50,870 --> 01:05:48,330  
say that anyone can and does say that

1457  
01:05:52,660 --> 01:05:50,880  
there's a bunch of New Agers who at the

1458  
01:05:55,340 --> 01:05:52,670  
end of the day seemed to have very uh

1459  
01:05:58,550 --> 01:05:55,350  
nasty ulterior motives who say exactly

1460  
01:06:00,110 --> 01:05:58,560  
the same thing I'm not saying you're

1461  
01:06:04,430 --> 01:06:00,120  
saying that but I'm saying we got to be

1462  
01:06:06,950 --> 01:06:04,440  
a little bit more specific how what do

1463  
01:06:10,850 --> 01:06:06,960

you want like I've just told you I go to

1464

01:06:14,230 --> 01:06:10,860

I feel that I'm nudging closer to this

1465

01:06:17,150 --> 01:06:14,240

truth when I study a compilation of

1466

01:06:19,220 --> 01:06:17,160

2,000 near-death experience it's studies

1467

01:06:19,910 --> 01:06:19,230

that happened after someone died and I

1468

01:06:22,069 --> 01:06:19,920

say well

1469

01:06:24,289 --> 01:06:22,079

now clearly I know that consciousness

1470

01:06:25,880 --> 01:06:24,299

survives death whatever phony-baloney

1471

01:06:27,980 --> 01:06:25,890

timeline I'm going to put on that I

1472

01:06:29,900 --> 01:06:27,990

realize I accept what you're saying that

1473

01:06:32,569 --> 01:06:29,910

timelines are problematic but I know

1474

01:06:35,690 --> 01:06:32,579

that my consciousness isn't limited to

1475

01:06:38,420 --> 01:06:35,700

when this body stops breathing that

1476

01:06:40,970 --> 01:06:38,430

nudges me a step closer when I realize

1477

01:06:43,579 --> 01:06:40,980

that there that the consistent evidence

1478

01:06:46,670 --> 01:06:43,589

from that group knowledge is that there

1479

01:06:49,430 --> 01:06:46,680

is a moral imperative there is such a

1480

01:06:53,299 --> 01:06:49,440

thing as right and wrong it isn't just

1481

01:06:55,760 --> 01:06:53,309

all whatever we make up that nudges me a

1482

01:06:58,910 --> 01:06:55,770

little bit closer that's an idea I hold

1483

01:07:04,160 --> 01:06:58,920

on to what are you what have you learned

1484

01:07:05,390 --> 01:07:04,170

from nature that you can offer us what

1485

01:07:09,289 --> 01:07:05,400

but what you're saying is that you're

1486

01:07:11,059 --> 01:07:09,299

studying stories and patterns so you're

1487

01:07:14,150 --> 01:07:11,069

just reading other people's stories

1488

01:07:16,160 --> 01:07:14,160

well no everybody says that I mean I'm

1489

01:07:18,079 --> 01:07:16,170

experiencing I'm reading and

1490

01:07:21,650 --> 01:07:18,089

experiencing reading I'm meditating

1491

01:07:24,620 --> 01:07:21,660

every day I'm walking out on the beach

1492

01:07:26,089 --> 01:07:24,630

you know many times I'm experiencing so

1493

01:07:27,920 --> 01:07:26,099

that that always seems kind of trite

1494

01:07:30,410 --> 01:07:27,930

when people say you're you're reading

1495

01:07:32,809 --> 01:07:30,420

other people's experience I mean we're

1496

01:07:35,180 --> 01:07:32,819

all interacting with the with the

1497

01:07:37,250 --> 01:07:35,190

extended consciousness all the time

1498

01:07:38,839 --> 01:07:37,260

whether we want to or not that's not

1499

01:07:41,839 --> 01:07:38,849

what I'm saying if you're you're asking

1500

01:07:45,260 --> 01:07:41,849

me so what is it that what is it

1501

01:07:47,450 --> 01:07:45,270

specifically that Dory can offer I can

1502

01:07:49,809 --> 01:07:47,460

offer what I'm saying is that what we're

1503

01:07:52,130 --> 01:07:49,819

all doing is we're studying stories and

1504

01:07:54,440 --> 01:07:52,140

experience other people's experience and

1505

01:07:55,940 --> 01:07:54,450

our own experience and we're studying

1506

01:07:58,640 --> 01:07:55,950

stories and when writing our own

1507

01:08:00,920 --> 01:07:58,650

experience we're doing the same thing

1508

01:08:03,740 --> 01:08:00,930

you're saying well everyone can say that

1509

01:08:06,680 --> 01:08:03,750

and I'm saying yes that's human nature

1510

01:08:11,089 --> 01:08:06,690

that's what we're doing it is absolutely

1511

01:08:13,099 --> 01:08:11,099

simple it's all the same stuff it what

1512

01:08:14,359 --> 01:08:13,109

at you what you're saying is a bit hang

1513

01:08:16,189 --> 01:08:14,369

on a minute but where are we finding

1514

01:08:19,280 --> 01:08:16,199

some truth or in say there isn't any

1515

01:08:22,959 --> 01:08:19,290

truth all it is is about doing the

1516

01:08:25,880 --> 01:08:22,969

simple stuff that's it just absolutely

1517

01:08:27,769 --> 01:08:25,890

simple and getting it right and we know

1518

01:08:30,030 --> 01:08:27,779

we're getting it right when we're living

1519

01:08:32,310 --> 01:08:30,040

in a sustainable harmony

1520

01:08:34,740 --> 01:08:32,320

and that sounds trite as well because

1521

01:08:37,920 --> 01:08:34,750

it's simple because that's all there is

1522

01:08:40,620 --> 01:08:37,930

let me throw out one of my ways of

1523

01:08:42,960 --> 01:08:40,630

measuring truth that I'm kind of going

1524

01:08:44,430 --> 01:08:42,970

towards so one of the things I have is

1525

01:08:46,800 --> 01:08:44,440

and it's out of the Bible I'm not a big

1526

01:08:47,880 --> 01:08:46,810

Bible person at all but you know you'll

1527

01:08:50,640 --> 01:08:47,890

know them by their fruits

1528

01:08:52,470 --> 01:08:50,650

right so I love people in the

1529

01:08:54,540 --> 01:08:52,480

alternative spiritual community and I

1530

01:08:55,770 --> 01:08:54,550

consider myself in the alternative

1531

01:08:58,170 --> 01:08:55,780

spiritual community even though I don't

1532

01:09:01,080 --> 01:08:58,180

know what the heck that means but I run

1533

01:09:04,260 --> 01:09:01,090

across people in the occult or esoteric

1534

01:09:06,540 --> 01:09:04,270

or WIC or all this and you know they hit

1535

01:09:09,380 --> 01:09:06,550

with the Aleister Crowley thing you know

1536

01:09:12,990 --> 01:09:09,390

and I just want to say great perfect

1537

01:09:16,200 --> 01:09:13,000

example let's know him by his fruits a

1538

01:09:18,030 --> 01:09:16,210

despicable human being we don't need to

1539

01:09:20,100 --> 01:09:18,040

overthink that we don't need to hear

1540

01:09:23,730 --> 01:09:20,110

about how the Beatles loved him or how

1541

01:09:26,580 --> 01:09:23,740

he changed society he lived a despicable

1542

01:09:30,510 --> 01:09:26,590

life from every way we can record it so

1543

01:09:33,870 --> 01:09:30,520

I take him as an example of maybe I want

1544

01:09:36,180 --> 01:09:33,880

to kind of question more what he's doing

1545

01:09:37,740 --> 01:09:36,190

now I could run across you know I always

1546

01:09:39,660 --> 01:09:37,750

mentioned my friend Rick Archer who does

1547

01:09:42,120 --> 01:09:39,670

this beautiful show called Buddha at the

1548

01:09:44,190 --> 01:09:42,130

gas pump and the title kind of says all

1549

01:09:47,250 --> 01:09:44,200

you need to know which is that there are

1550

01:09:49,410 --> 01:09:47,260

beautifully spiritually awakening we can

1551

01:09:51,750 --> 01:09:49,420

never say awakened but awakening people

1552

01:09:53,610 --> 01:09:51,760

who are living very ordinary lives who

1553

01:09:57,060 --> 01:09:53,620

aren't out there on the book tour doing

1554

01:09:58,670 --> 01:09:57,070

this but have living in harmony I guess

1555

01:10:01,410 --> 01:09:58,680

is the way that you probably say it and

1556

01:10:03,510 --> 01:10:01,420

have found a way to communicate that and

1557

01:10:06,150 --> 01:10:03,520

they are just when you are in their

1558

01:10:09,090 --> 01:10:06,160

presence they are delivering the fruit

1559

01:10:12,540 --> 01:10:09,100

they are saying this is what it means to

1560

01:10:16,290 --> 01:10:12,550

really be alive so like that's an

1561

01:10:17,790 --> 01:10:16,300

example to me of how we find truth is by

1562

01:10:20,850 --> 01:10:17,800

the fruit of what that person is

1563

01:10:23,940 --> 01:10:20,860

bringing how we find the value how we

1564

01:10:25,590 --> 01:10:23,950

find lessons that are worth absorbing

1565

01:10:27,750 --> 01:10:25,600

lessons that are worth learning yes

1566

01:10:31,070 --> 01:10:27,760

absolutely because again it's about

1567

01:10:35,400 --> 01:10:31,080

relationship you can find sound

1568

01:10:38,940 --> 01:10:35,410

nourishing elevating relationships with

1569

01:10:41,790 --> 01:10:38,950

people who are peaceful joyful who are

1570

01:10:44,040 --> 01:10:41,800

working living well

1571

01:10:46,709 --> 01:10:44,050

that's exactly what you're saying and I

1572

01:10:51,330 --> 01:10:46,719

would agree entirely if you find someone

1573

01:10:53,459 --> 01:10:51,340

who's who lifts your heart and you allow

1574

01:10:56,100 --> 01:10:53,469

that to lift your heart to make a

1575

01:10:57,029 --> 01:10:56,110

relationship and that changes our

1576

01:11:02,609 --> 01:10:57,039

perspective

1577

01:11:05,850 --> 01:11:02,619

power as so many people is if you're

1578

01:11:10,140 --> 01:11:05,860

looking for power then you're getting

1579

01:11:12,839 --> 01:11:10,150

your internet Authority capital truth

1580

01:11:16,229 --> 01:11:12,849

universal truth declarations of this and

1581

01:11:18,719 --> 01:11:16,239

that ego it's about declaring oneself to

1582

01:11:23,459 --> 01:11:18,729

know more than others it's not about

1583

01:11:26,580 --> 01:11:23,469

that it's about listening and being a

1584

01:11:30,469 --> 01:11:26,590

part of it merging melting dissolving

1585

01:11:33,200 --> 01:11:30,479

into the ecology while not losing

1586

01:11:36,779 --> 01:11:33,210

responsibility for one's own living

1587

01:11:38,759 --> 01:11:36,789

that's it you know ecology and

1588

01:11:41,219 --> 01:11:38,769

environmentalism has come up a couple of

1589

01:11:42,750 --> 01:11:41,229

times and you have a neat word and that

1590

01:11:45,209 --> 01:11:42,760

I ran across you know this deep

1591

01:11:47,759 --> 01:11:45,219

environmentalism kind of thing but I

1592

01:11:49,500 --> 01:11:47,769

always bristle at that a little bit

1593

01:11:54,290 --> 01:11:49,510

because I see so many people that are

1594

01:11:57,180 --> 01:11:54,300

coming at those issues of ecology and

1595

01:12:00,810 --> 01:11:57,190

environmentalism and what I see in it is

1596

01:12:05,339 --> 01:12:00,820

this backdoor materialism yeah talk

1597

01:12:09,209 --> 01:12:05,349

about that totally I mean I the the work

1598

01:12:13,410 --> 01:12:09,219

that I do now is I am creating a nature

1599

01:12:15,959 --> 01:12:13,420

reserve and a natural burial ground

1600

01:12:19,290 --> 01:12:15,969

so I care for people as they die and

1601

01:12:23,729 --> 01:12:19,300

bury them look after the grieving and

1602

01:12:27,899 --> 01:12:23,739

that is or within the context of a

1603

01:12:30,600 --> 01:12:27,909

nature reserve and for me that is

1604

01:12:32,250 --> 01:12:30,610

walking where I don't need to talk I'm a

1605

01:12:37,319 --> 01:12:32,260

representative of the land it's not

1606

01:12:39,180 --> 01:12:37,329

about me and the whole point is to do

1607

01:12:43,259 --> 01:12:39,190

something that is entirely ethical

1608

01:12:45,989 --> 01:12:43,269

entirely in line with my spiritual

1609

01:12:49,979 --> 01:12:45,999

perspectives my animism my love of the

1610

01:12:51,770 --> 01:12:49,989

gods my wonder of nature while not

1611

01:12:55,250 --> 01:12:51,780

consuming and

1612

01:12:57,380 --> 01:12:55,260

and so many my husband and I started the

1613

01:13:01,250 --> 01:12:57,390

business specifically because so many

1614

01:13:04,030 --> 01:13:01,260

ethical green businesses were either run

1615

01:13:07,010 --> 01:13:04,040

haphazardly and essentially

1616

01:13:08,930 --> 01:13:07,020

materialistically or as they were

1617

01:13:11,840 --> 01:13:08,940

offering something which is a luxury and

1618

01:13:14,540 --> 01:13:11,850

it seems to mean it if you buy into a

1619

01:13:18,590 --> 01:13:14,550

Fairtrade organic chocolate is wonderful

1620

01:13:20,510 --> 01:13:18,600

but gods it's a luxury and to do

1621

01:13:22,970 --> 01:13:20,520

something totally ethical you have to be

1622

01:13:26,150 --> 01:13:22,980

doing something that's necessary that we

1623

01:13:29,600 --> 01:13:26,160

need as a community as as a race as a

1624

01:13:32,150 --> 01:13:29,610

species which is what we decided to do

1625

01:13:34,820 --> 01:13:32,160

you know look after the land and bury

1626

01:13:38,270 --> 01:13:34,830

people and that's beautifully it's

1627

01:13:39,650 --> 01:13:38,280

beautifully small and it's beautifully

1628

01:13:41,210 --> 01:13:39,660

small I'll leave it at that

1629

01:13:44,660 --> 01:13:41,220

because the other thing that troubles me

1630

01:13:46,280 --> 01:13:44,670

is like I always run into problems when

1631

01:13:47,960 --> 01:13:46,290

I talk to people who are talking about

1632

01:13:49,850 --> 01:13:47,970

global warming or now it's turned into

1633

01:13:52,070 --> 01:13:49,860

climate change which to me seems like a

1634

01:13:53,570 --> 01:13:52,080

complete scam I don't know what's

1635

01:13:56,390 --> 01:13:53,580

happening I don't know if the planets

1636

01:13:58,040 --> 01:13:56,400

warming at an alarming rate or not you

1637

01:14:00,110 --> 01:13:58,050

know I've looked into that data and I

1638

01:14:03,050 --> 01:14:00,120

have my own opinion but what I do know

1639

01:14:06,230 --> 01:14:03,060

is when someone tries to tell me the

1640

01:14:09,010 --> 01:14:06,240

solution is to create this world

1641

01:14:11,930 --> 01:14:09,020

government that will therefore restrict

1642

01:14:14,780 --> 01:14:11,940

everyone's carbon footprint and will

1643

01:14:17,000 --> 01:14:14,790

determine through laws and taxation and

1644

01:14:19,340 --> 01:14:17,010

all the rest of that just control how

1645

01:14:22,760 --> 01:14:19,350

everyone does I say wait a minute guys

1646

01:14:25,130 --> 01:14:22,770

I've heard this same story before and it

1647

01:14:27,710 --> 01:14:25,140

never turns out well no matter how they

1648

01:14:30,110 --> 01:14:27,720

spin it you know I don't know how you

1649

01:14:33,260 --> 01:14:30,120

feel about that yes and I think it's

1650

01:14:35,360 --> 01:14:33,270

about control is about fear and anything

1651  
01:14:37,760 --> 01:14:35,370  
that provokes fear is not positive I

1652  
01:14:41,690 --> 01:14:37,770  
mean that's not silly tautological but

1653  
01:14:44,990 --> 01:14:41,700  
anything that's about fear is is is

1654  
01:14:48,320 --> 01:14:45,000  
going to be problematic if you again

1655  
01:14:50,240 --> 01:14:48,330  
studying human nature one of the things

1656  
01:14:52,580 --> 01:14:50,250  
we work with is understanding how fear

1657  
01:14:55,640 --> 01:14:52,590  
works within non human nature is just

1658  
01:14:59,330 --> 01:14:55,650  
alertness immediately we make something

1659  
01:15:01,400 --> 01:14:59,340  
alert we have intruded on a space should

1660  
01:15:04,290 --> 01:15:01,410  
we step back should we just meld you

1661  
01:15:07,350 --> 01:15:04,300  
know just be aware of of not

1662  
01:15:09,690 --> 01:15:07,360  
provoking fear it's never going to be an

1663  
01:15:12,090 --> 01:15:09,700

answer it's never going to be solution

1664

01:15:15,270 --> 01:15:12,100

if you're provoking fear evoking fear

1665

01:15:17,790 --> 01:15:15,280

and a lot of this doomsday stuff it's

1666

01:15:20,640 --> 01:15:17,800

the you know where we're coming to the

1667

01:15:25,230 --> 01:15:20,650

apocalypse it's it's all yen it's about

1668

01:15:26,670 --> 01:15:25,240

fear it may be it may not be okay it we

1669

01:15:28,440 --> 01:15:26,680

may have turned like Stephen Hawking

1670

01:15:31,140 --> 01:15:28,450

says we may have got to a tipping point

1671

01:15:33,840 --> 01:15:31,150

and now it's you know it's just on the

1672

01:15:36,060 --> 01:15:33,850

endgame Stephen Hawking's who so

1673

01:15:38,730 --> 01:15:36,070

brilliantly told us that philosophy is

1674

01:15:40,530 --> 01:15:38,740

dead I always pull back a little bit

1675

01:15:42,570 --> 01:15:40,540

with stevedore Gaza you know I don't

1676

01:15:44,820 --> 01:15:42,580

know exactly how you figure things out

1677

01:15:46,980 --> 01:15:44,830

but I'm not sure that philosophy is dead

1678

01:15:49,050 --> 01:15:46,990

so I'm not sure he has an emotional

1679

01:15:52,290 --> 01:15:49,060

intelligence that or maybe that's just

1680

01:15:55,170 --> 01:15:52,300

not harmful but for me it's it's not

1681

01:15:57,120 --> 01:15:55,180

about responding to the fear we step

1682

01:16:00,030 --> 01:15:57,130

aside from the fear because it's not a

1683

01:16:02,940 --> 01:16:00,040

useful way of reacting or a useful

1684

01:16:05,100 --> 01:16:02,950

source of understanding what we need to

1685

01:16:08,430 --> 01:16:05,110

be doing is act not out of fear but out

1686

01:16:11,760 --> 01:16:08,440

of respect so again if we are respectful

1687

01:16:13,620 --> 01:16:11,770

if we are ranting in a way which doesn't

1688

01:16:16,710 --> 01:16:13,630

consume more than we need we're doing it

1689

01:16:18,720 --> 01:16:16,720

out of respect for those around us in

1690

01:16:21,300 --> 01:16:18,730

our relationships and our human and

1691

01:16:23,700 --> 01:16:21,310

non-human relationships that's enough

1692

01:16:27,390 --> 01:16:23,710

and what can we do if we want to step

1693

01:16:30,510 --> 01:16:27,400

forward and be a great political figure

1694

01:16:35,370 --> 01:16:30,520

and you know I've never met a politician

1695

01:16:38,520 --> 01:16:35,380

that didn't have some kind of striving

1696

01:16:41,790 --> 01:16:38,530

for exploitation and power and do you

1697

01:16:43,740 --> 01:16:41,800

know the thin on great people it's the

1698

01:16:45,800 --> 01:16:43,750

it's the little people who are making

1699

01:16:48,900 --> 01:16:45,810

the difference doing the small things in

1700

01:16:51,180 --> 01:16:48,910

society that are making a difference

1701

01:16:51,990 --> 01:16:51,190

within their societies within their

1702

01:16:56,160 --> 01:16:52,000

communities

1703

01:17:01,410 --> 01:16:56,170

that's enough it doesn't really matter

1704

01:17:05,340 --> 01:17:01,420

what happens beyond if we are doing all

1705

01:17:07,680 --> 01:17:05,350

that we can do in our own small world in

1706

01:17:11,700 --> 01:17:07,690

the world where we can make immediate

1707

01:17:14,420 --> 01:17:11,710

and and totally engaged relationships

1708

01:17:16,670 --> 01:17:14,430

and we immediately we get out of the

1709

01:17:20,120 --> 01:17:16,680

relationships we're making we're

1710

01:17:23,030 --> 01:17:20,130

engaging with abstract ideas we're

1711

01:17:25,370 --> 01:17:23,040

engage where were fighting the man we're

1712

01:17:28,160 --> 01:17:25,380

fighting the authority we're fighting

1713

01:17:28,760 --> 01:17:28,170

this business you know all of these

1714

01:17:31,820 --> 01:17:28,770

things

1715

01:17:34,300 --> 01:17:31,830

we're fighting abstracts we're fighting

1716

01:17:38,710 --> 01:17:34,310

concepts we're not fighting actual

1717

01:17:41,420 --> 01:17:38,720

people if we make good relationships

1718

01:17:43,040 --> 01:17:41,430

immediately around us the people around

1719

01:17:44,990 --> 01:17:43,050

us will make good relationships

1720

01:17:45,620 --> 01:17:45,000

immediately around them it's as simple

1721

01:17:48,650 --> 01:17:45,630

as that

1722

01:17:50,360 --> 01:17:48,660

it's just about being peaceful right and

1723

01:17:50,870 --> 01:17:50,370

even if that doesn't work all the way

1724

01:17:52,670 --> 01:17:50,880

out

1725

01:17:55,100 --> 01:17:52,680

it just might find you a little bit of

1726

01:17:57,920 --> 01:17:55,110

peace for the next five minutes five

1727

01:17:59,480 --> 01:17:57,930

hours five days whatever it is and then

1728

01:18:00,890 --> 01:17:59,490

you have to deal with whatever happens

1729

01:18:04,250 --> 01:18:00,900

because there still might be some guys

1730

01:18:06,380 --> 01:18:04,260

that roll up to your house with guns and

1731

01:18:08,330 --> 01:18:06,390

battering rams and these they'll have to

1732

01:18:11,090 --> 01:18:08,340

deal with that but in the meantime and

1733

01:18:12,890 --> 01:18:11,100

you do anything I mean with you know

1734

01:18:14,720 --> 01:18:12,900

we've all lived well not all of us but

1735

01:18:18,500 --> 01:18:14,730

you know I've been through periods in my

1736

01:18:21,020 --> 01:18:18,510

life with absolutely nothing with you

1737

01:18:24,200 --> 01:18:21,030

know in total crisis on right on the

1738

01:18:26,960 --> 01:18:24,210

edge of death and you deal with it in

1739

01:18:29,660 --> 01:18:26,970

just the same way as you do with you

1740

01:18:31,160 --> 01:18:29,670

know wondering what to cook when you

1741

01:18:32,960 --> 01:18:31,170

have people coming around and you've got

1742

01:18:35,360 --> 01:18:32,970

to plate the table full of ingredients

1743

01:18:39,440 --> 01:18:35,370

and you know you're just bathed in

1744

01:18:43,370 --> 01:18:39,450

abundance every moment you deal with it

1745

01:18:46,160 --> 01:18:43,380

as peacefully as you can

1746

01:18:47,030 --> 01:18:46,170

instead of getting protective instead of

1747

01:18:49,430 --> 01:18:47,040

getting defensive

1748

01:18:51,140 --> 01:18:49,440

instead of getting fearful instead of

1749

01:18:55,070 --> 01:18:51,150

striving for authority instead of

1750

01:18:59,270 --> 01:18:55,080

shouting at the man just live well now

1751

01:19:00,380 --> 01:18:59,280

here because time and space and all of

1752

01:19:03,950 --> 01:19:00,390

that is just nonsense

1753

01:19:06,640 --> 01:19:03,960

it's all tools that you can work with in

1754

01:19:11,180 --> 01:19:06,650

order to live well but it's not truth

1755

01:19:14,210 --> 01:19:11,190

it's just just just life Emma if people

1756

01:19:17,180 --> 01:19:14,220

are drawn to what you're saying and your

1757

01:19:19,160 --> 01:19:17,190

work what's the best way you settlement

1758

01:19:21,380 --> 01:19:19,170

ago you know and I have respect that you

1759

01:19:24,140 --> 01:19:21,390

know you don't want to generate this big

1760

01:19:26,210 --> 01:19:24,150

cult following that's not your goal but

1761

01:19:27,030 --> 01:19:26,220

what are some of the books that you have

1762

01:19:29,310 --> 01:19:27,040

that peep

1763

01:19:32,220 --> 01:19:29,320

would be most interested in off of this

1764

01:19:33,660 --> 01:19:32,230

conversation do you think and then how

1765

01:19:35,040 --> 01:19:33,670

else might they ain't get involved I

1766

01:19:36,630 --> 01:19:35,050

suppose if someone's really close to you

1767

01:19:38,790 --> 01:19:36,640

they might be interested in those I

1768

01:19:42,000 --> 01:19:38,800

don't know if you call them Hospice kind

1769

01:19:45,810 --> 01:19:42,010

of after death kind of stuff but tell us

1770

01:19:49,380 --> 01:19:45,820

some of that stuff I have I wrote books

1771

01:19:52,410 --> 01:19:49,390

on to a jury in the 90s I wrote a book

1772

01:19:55,850 --> 01:19:52,420

on surgery because I couldn't find a

1773

01:19:58,020 --> 01:19:55,860

book about rich emotional sensual

1774

01:19:59,820 --> 01:19:58,030

Druidry and I wrote a book called

1775

01:20:01,890 --> 01:19:59,830

spirits of the sacred grove which has

1776

01:20:04,440 --> 01:20:01,900

just been republished when it went to

1777

01:20:08,000 --> 01:20:04,450

America it was actually Rita told druid

1778

01:20:10,320 --> 01:20:08,010

priestess which was ludicrous but and

1779

01:20:12,270 --> 01:20:10,330

it's been published everywhere as

1780

01:20:13,650 --> 01:20:12,280

spirits of the sacred grow and then I

1781

01:20:16,320 --> 01:20:13,660

was commissioned to write a few more

1782

01:20:19,770 --> 01:20:16,330

books on jewelry like three or four more

1783

01:20:22,260 --> 01:20:19,780

books and then I stepped away from that

1784

01:20:24,720 --> 01:20:22,270

big publishing companies which I just

1785

01:20:28,440 --> 01:20:24,730

couldn't cope with and found a small

1786

01:20:30,479 --> 01:20:28,450

publishing house and they actually asked

1787

01:20:32,460 --> 01:20:30,489

me to write a book on the dark goddess

1788

01:20:37,100 --> 01:20:32,470

and I was writing a book called kissing

1789

01:20:40,680 --> 01:20:37,110

bihac which is about the complicated

1790

01:20:42,750 --> 01:20:40,690

unpleasant aspects of women nature and

1791

01:20:46,080 --> 01:20:42,760

I've you know your laughs it's about you

1792

01:20:48,120 --> 01:20:46,090

know women as feminists can you know be

1793

01:20:50,790 --> 01:20:48,130

very proud of themselves in all kinds of

1794

01:20:52,770 --> 01:20:50,800

ways and put down men I'm not great as a

1795

01:20:55,260 --> 01:20:52,780

feminist in that respect I think that

1796

01:20:58,200 --> 01:20:55,270

we're just as flawed men and women I

1797

01:21:01,100 --> 01:20:58,210

wanted to write a book about the drives

1798

01:21:04,830 --> 01:21:01,110

within women that make us behave badly

1799

01:21:07,800 --> 01:21:04,840

the the tempestuous the emotional the

1800

01:21:10,110 --> 01:21:07,810

manipulative all of these things and how

1801  
01:21:12,720 --> 01:21:10,120  
those changes we go through life I have

1802  
01:21:14,729 --> 01:21:12,730  
to talk about this with you for a minute

1803  
01:21:16,260 --> 01:21:14,739  
because I'm trying to wrap this thing up

1804  
01:21:18,570 --> 01:21:16,270  
but you just hit on another thing I

1805  
01:21:20,460 --> 01:21:18,580  
think that's such an important issue and

1806  
01:21:23,280 --> 01:21:20,470  
you're a great person to bring that up

1807  
01:21:25,320 --> 01:21:23,290  
because at a at least in the states I

1808  
01:21:28,080 --> 01:21:25,330  
don't know about how it is in England

1809  
01:21:31,160 --> 01:21:28,090  
and in Europe but this whole feminism

1810  
01:21:34,470 --> 01:21:31,170  
thing has really been respawn and

1811  
01:21:38,400 --> 01:21:34,480  
manipulated into this gender fluidity

1812  
01:21:40,560 --> 01:21:38,410  
thing that really distorts I think some

1813  
01:21:42,720 --> 01:21:40,570

of the fundamental issues of

1814

01:21:44,340 --> 01:21:42,730

male empowerment I mean in a way that

1815

01:21:46,800 --> 01:21:44,350

you're talking about what are some of

1816

01:21:51,240 --> 01:21:46,810

your thoughts on the whole gender

1817

01:21:52,560 --> 01:21:51,250

fluidity kind of nonsense would you what

1818

01:21:56,220 --> 01:21:52,570

you call it let me want to say nonsense

1819

01:22:00,270 --> 01:21:56,230

on one hand that's awesome if someone is

1820

01:22:02,430 --> 01:22:00,280

gay lesbian or identifies in some way I

1821

01:22:07,050 --> 01:22:02,440

don't have a problem with that

1822

01:22:09,720 --> 01:22:07,060

but the idea that we that there there is

1823

01:22:12,030 --> 01:22:09,730

a reality to any of it or that that

1824

01:22:15,840 --> 01:22:12,040

lessens the reality that most people

1825

01:22:17,760 --> 01:22:15,850

experience of being attached to the

1826  
01:22:19,800 --> 01:22:17,770  
female energy if you're a woman or being

1827  
01:22:22,920 --> 01:22:19,810  
attached to the male energy if you're a

1828  
01:22:26,430 --> 01:22:22,930  
man to kind of dismiss that in that same

1829  
01:22:29,160 --> 01:22:26,440  
kind of atheistic crazy materialistic

1830  
01:22:33,750 --> 01:22:29,170  
way to me just seems like an abomination

1831  
01:22:38,250 --> 01:22:33,760  
of the whole thing absolutely yes I'm

1832  
01:22:39,930 --> 01:22:38,260  
with you completely I have no I don't

1833  
01:22:41,820 --> 01:22:39,940  
care so as a matter of women or

1834  
01:22:45,030 --> 01:22:41,830  
something in between and I really have

1835  
01:22:46,860 --> 01:22:45,040  
no problem with sexuality or asexuality

1836  
01:22:47,460 --> 01:22:46,870  
or who you want to fall in love with or

1837  
01:22:51,590 --> 01:22:47,470  
sleep with

1838  
01:22:55,320 --> 01:22:51,600

that's just so uninteresting or

1839

01:22:58,410 --> 01:22:55,330

unnecessary or whatever it's just what I

1840

01:23:05,190 --> 01:22:58,420

have a problem with is indignation

1841

01:23:09,780 --> 01:23:05,200

I find the indignant person quite ugly

1842

01:23:13,230 --> 01:23:09,790

and I I think about I know I there is

1843

01:23:15,180 --> 01:23:13,240

beauty in self-expression there is

1844

01:23:18,360 --> 01:23:15,190

beauty and self-acceptance there's

1845

01:23:20,340 --> 01:23:18,370

beauty and fluidity in the way that we

1846

01:23:22,980 --> 01:23:20,350

make relationships but immediately we

1847

01:23:25,110 --> 01:23:22,990

stand up in our own little separate

1848

01:23:27,840 --> 01:23:25,120

individual self and become indignant

1849

01:23:30,570 --> 01:23:27,850

because trouble and that's something to

1850

01:23:33,600 --> 01:23:30,580

be very awake to in ourselves

1851  
01:23:35,310 --> 01:23:33,610  
immediately I'm indignant I stop and go

1852  
01:23:37,680 --> 01:23:35,320  
I'll know what's gone wrong you know I

1853  
01:23:39,810 --> 01:23:37,690  
miss thinking this stop being indignant

1854  
01:23:42,360 --> 01:23:39,820  
that's dreadful the other thing that I

1855  
01:23:45,840 --> 01:23:42,370  
dislike is the celebration of victimhood

1856  
01:23:48,300 --> 01:23:45,850  
and I think do you know I know it's

1857  
01:23:49,390 --> 01:23:48,310  
super the part of my age I'm I'm into my

1858  
01:23:52,390 --> 01:23:49,400  
early fifth

1859  
01:23:54,370 --> 01:23:52,400  
and when I was young do you know as a

1860  
01:23:58,180 --> 01:23:54,380  
feminist I wasn't taught to be a

1861  
01:24:02,290 --> 01:23:58,190  
feminist I was taught to um I was taught

1862  
01:24:05,050 --> 01:24:02,300  
to survive well so if some old man older

1863  
01:24:08,350 --> 01:24:05,060

man in his 40s 50s and I was like 6 or 7

1864

01:24:12,790 --> 01:24:08,360

was going to touch me inappropriately I

1865

01:24:16,510 --> 01:24:12,800

was taught to smack him to get up and

1866

01:24:21,669 --> 01:24:16,520

walk away I was taught to have the

1867

01:24:23,950 --> 01:24:21,679

strength to say no piss off and I know

1868

01:24:26,979 --> 01:24:23,960

because I was bullied as a child for

1869

01:24:30,160 --> 01:24:26,989

other reasons I know that it's hard when

1870

01:24:32,470 --> 01:24:30,170

people behave ferociously towards you

1871

01:24:39,220 --> 01:24:32,480

when they bully you I was raped at the

1872

01:24:44,979 --> 01:24:39,230

age of 16 um and then I so I understand

1873

01:24:46,720 --> 01:24:44,989

these things but I wouldn't sit in I

1874

01:24:49,930 --> 01:24:46,730

mean had some of the experience that I

1875

01:24:53,680 --> 01:24:49,940

had as a child people step up and and

1876  
01:24:55,419 --> 01:24:53,690  
create you know massive problems about

1877  
01:24:57,939 --> 01:24:55,429  
to me that was just a bad night you know

1878  
01:24:59,950 --> 01:24:57,949  
you just carry on because I was taught

1879  
01:25:02,290 --> 01:24:59,960  
to be strong and not be a victim you

1880  
01:25:05,649 --> 01:25:02,300  
just carry on and I know that some

1881  
01:25:08,470 --> 01:25:05,659  
people struggle and break have broken

1882  
01:25:12,399 --> 01:25:08,480  
right by dreadful experiences and I'm

1883  
01:25:15,580 --> 01:25:12,409  
not questioning that at all and I would

1884  
01:25:17,229 --> 01:25:15,590  
you know I hope pray that they find the

1885  
01:25:19,720 --> 01:25:17,239  
strength and I've been through periods

1886  
01:25:21,669 --> 01:25:19,730  
where I've broken for other reasons and

1887  
01:25:24,550 --> 01:25:21,679  
I you know found the strength to keep

1888  
01:25:28,030 --> 01:25:24,560

going but the celebration of victimhood

1889

01:25:32,319 --> 01:25:28,040

the way that so many feminists focus on

1890

01:25:35,560 --> 01:25:32,329

the victim and focus on getting people

1891

01:25:38,740 --> 01:25:35,570

to express and explore the victim inside

1892

01:25:41,740 --> 01:25:38,750

them instead of finding their strength

1893

01:25:44,020 --> 01:25:41,750

and their emotional fluency their

1894

01:25:46,479 --> 01:25:44,030

emotional literacy their emotional

1895

01:25:49,180 --> 01:25:46,489

strength to get over it and move on

1896

01:25:50,830 --> 01:25:49,190

to let it go to get I mean I think one

1897

01:25:53,379 --> 01:25:50,840

of the main things I would say is just

1898

01:25:55,300 --> 01:25:53,389

get over yourself and that's going to be

1899

01:25:57,310 --> 01:25:55,310

really hard for ask really hard for some

1900

01:25:59,560 --> 01:25:57,320

people to say because there is a lot of

1901

01:26:01,450 --> 01:25:59,570

I totally get what you're saying there's

1902

01:26:02,190 --> 01:26:01,460

a lot of trauma as you're acknowledging

1903

01:26:04,080 --> 01:26:02,200

out there and a lot

1904

01:26:05,790 --> 01:26:04,090

people are dealing with it in a lot of

1905

01:26:07,650 --> 01:26:05,800

different ways you know my approach

1906

01:26:10,440 --> 01:26:07,660

because my background is basically as a

1907

01:26:13,140 --> 01:26:10,450

business person so my approach has

1908

01:26:14,850 --> 01:26:13,150

always been it's just not effective and

1909

01:26:17,760 --> 01:26:14,860

there's other ways that are more

1910

01:26:20,820 --> 01:26:17,770

effective you know so if you want to

1911

01:26:23,430 --> 01:26:20,830

play the victim card just practically

1912

01:26:25,830 --> 01:26:23,440

speaking you are going to be mired in

1913

01:26:27,450 --> 01:26:25,840

that and when what you really want is to

1914

01:26:29,490 --> 01:26:27,460

get to the other side of that we all

1915

01:26:31,950 --> 01:26:29,500

acknowledge that and a more effective

1916

01:26:34,740 --> 01:26:31,960

way of getting to the other side of it

1917

01:26:36,780 --> 01:26:34,750

is what you're talking about the other

1918

01:26:39,210 --> 01:26:36,790

part that I see that that you were

1919

01:26:41,520 --> 01:26:39,220

hitting on at the beginning that I don't

1920

01:26:44,280 --> 01:26:41,530

know I I'd like to hear you spin off on

1921

01:26:46,350 --> 01:26:44,290

a little bit further because I don't

1922

01:26:47,970 --> 01:26:46,360

know how people process it but I get the

1923

01:26:51,060 --> 01:26:47,980

bottom line of it and I'm not liking

1924

01:26:54,360 --> 01:26:51,070

what I'm hearing and that's that to not

1925

01:26:56,970 --> 01:26:54,370

acknowledge gender differences between

1926

01:26:58,890 --> 01:26:56,980

the majority of the population that

1927

01:27:01,680 --> 01:26:58,900

identifies themselves as either a man or

1928

01:27:04,320 --> 01:27:01,690

a woman and to not acknowledge those

1929

01:27:10,620 --> 01:27:04,330

differences seems to me to be this other

1930

01:27:13,620 --> 01:27:10,630

crazy materialistic in a way game of you

1931

01:27:17,400 --> 01:27:13,630

know just denying that we have free will

1932

01:27:19,500 --> 01:27:17,410

and that as collectively we seem to be

1933

01:27:21,300 --> 01:27:19,510

have these tendencies that doesn't mean

1934

01:27:25,050 --> 01:27:21,310

that we're tied to that that doesn't

1935

01:27:27,270 --> 01:27:25,060

mean that I can't you know be a get in

1936

01:27:29,310 --> 01:27:27,280

touch with my feminine side but mostly I

1937

01:27:30,960 --> 01:27:29,320

identify with a lot of things that it

1938

01:27:34,230 --> 01:27:30,970

seems like other guys identify with I

1939

01:27:36,990 --> 01:27:34,240

mean at some point that has to be okay

1940

01:27:40,740 --> 01:27:37,000

to factor that into the equation

1941

01:27:41,520 --> 01:27:40,750

I yes I'm not sure I'm hearing exactly

1942

01:27:44,610 --> 01:27:41,530

what you're saying

1943

01:27:48,120 --> 01:27:44,620

but I think for me I think it's all just

1944

01:27:50,430 --> 01:27:48,130

I mean it's all fine whatever just just

1945

01:27:52,440 --> 01:27:50,440

get imprint when you were talking about

1946

01:27:55,200 --> 01:27:52,450

your book you were talking about kind of

1947

01:27:58,790 --> 01:27:55,210

celebrating the womanhood

1948

01:28:01,500 --> 01:27:58,800

right and I mean implicit in that is

1949

01:28:04,110 --> 01:28:01,510

saying that there does seem to be in

1950

01:28:06,570 --> 01:28:04,120

general some kind of tendencies towards

1951

01:28:08,010 --> 01:28:06,580

women you weren't saying that this is

1952

01:28:10,050 --> 01:28:08,020

just my experience and no one else

1953

01:28:11,610 --> 01:28:10,060

experiences it you were kind of saying

1954

01:28:13,170 --> 01:28:11,620

gee it seems like a lot other women

1955

01:28:15,790 --> 01:28:13,180

experience the same thing I experience

1956

01:28:18,399 --> 01:28:15,800

yes absolutely and all

1957

01:28:21,189 --> 01:28:18,409

so it's there are lots of ways in which

1958

01:28:23,580 --> 01:28:21,199

we as women behave badly towards each

1959

01:28:28,390 --> 01:28:23,590

other towards ourselves and towards men

1960

01:28:31,709 --> 01:28:28,400

and and we need to just be awake to that

1961

01:28:34,899 --> 01:28:31,719

instead of declaring that it's okay

1962

01:28:37,379 --> 01:28:34,909

perhaps we can just declare that that's

1963

01:28:39,580 --> 01:28:37,389

human nature that's woman nature and

1964

01:28:42,760 --> 01:28:39,590

maybe there are ways of getting through

1965

01:28:47,169 --> 01:28:42,770

it in different ways and I I enjoyed

1966

01:28:49,419 --> 01:28:47,179

writing the book and but it wasn't the

1967

01:28:51,939 --> 01:28:49,429

most it isn't the most important book

1968

01:28:55,959 --> 01:28:51,949

that I think I bring but of course it's

1969

01:28:57,910 --> 01:28:55,969

the best-selling book and the the most

1970

01:29:01,990 --> 01:28:57,920

celebrated book and it's the book that

1971

01:29:04,510 --> 01:29:02,000

most people talk to me about because and

1972

01:29:07,620 --> 01:29:04,520

and it's fascinating you know wild

1973

01:29:10,109 --> 01:29:07,630

feminists and trans people and

1974

01:29:13,270 --> 01:29:10,119

youngsters coming you know through their

1975

01:29:15,280 --> 01:29:13,280

puberty and people men opposing do you

1976

01:29:17,020 --> 01:29:15,290

know all women come to me and say all

1977

01:29:18,819 --> 01:29:17,030

that work really talks to me and also

1978

01:29:20,260 --> 01:29:18,829

many men have come to me and say thank

1979

01:29:21,760 --> 01:29:20,270

you for that book it helps me to

1980

01:29:25,649 --> 01:29:21,770

understand my wife and my girlfriend

1981

01:29:29,260 --> 01:29:25,659

which is lovely it's great but actually

1982

01:29:34,060 --> 01:29:29,270

the next book I wrote is that living

1983

01:29:36,669 --> 01:29:34,070

with honor is the book that I am that

1984

01:29:38,589 --> 01:29:36,679

I'm more proud of that's an ethics book

1985

01:29:44,970 --> 01:29:38,599

I wanted to write about ethics and an

1986

01:29:49,540 --> 01:29:44,980

ethics of animism and when you consider

1987

01:29:52,510 --> 01:29:49,550

nature to be sacred how do you survive I

1988

01:29:56,200 --> 01:29:52,520

mean if you can put to one side that the

1989

01:30:01,419 --> 01:29:56,210

sentient folk and the sacred folk and

1990

01:30:03,280 --> 01:30:01,429

you don't eat or use those the sacred

1991

01:30:04,629 --> 01:30:03,290

folk all the sentient folk then that's

1992

01:30:07,000 --> 01:30:04,639

fine everything else you can use

1993

01:30:09,609 --> 01:30:07,010

everything else is stuff that you can

1994

01:30:12,430 --> 01:30:09,619

consume but when everything is sacred

1995

01:30:14,229 --> 01:30:12,440

and everything is sentient how do you

1996

01:30:15,850 --> 01:30:14,239

survive because you need to eat you need

1997

01:30:17,379 --> 01:30:15,860

to find shelter how do you make

1998

01:30:20,350 --> 01:30:17,389

decisions and that's really what that

1999

01:30:21,689 --> 01:30:20,360

books about making decisions based on

2000

01:30:24,669 --> 01:30:21,699

the fact that nature is sacred

2001  
01:30:27,640 --> 01:30:24,679  
comprehensively and then having written

2002  
01:30:29,579 --> 01:30:27,650  
and ethics living with honor then I

2003  
01:30:32,369 --> 01:30:29,589  
started to realize

2004  
01:30:34,770 --> 01:30:32,379  
one of the premises that the basic

2005  
01:30:36,299 --> 01:30:34,780  
premise of living with honor was an

2006  
01:30:39,419 --> 01:30:36,309  
assumption that I hadn't been clear

2007  
01:30:41,429 --> 01:30:39,429  
about which is nature is sacred

2008  
01:30:46,229 --> 01:30:41,439  
why is nature naked nature sacred

2009  
01:30:49,529 --> 01:30:46,239  
because it is because it is conscious

2010  
01:30:51,119 --> 01:30:49,539  
it's minded and so then I decided to

2011  
01:30:54,869 --> 01:30:51,129  
write the book that you spoke off first

2012  
01:30:58,139 --> 01:30:54,879  
the wakeful world which is an

2013  
01:31:00,659 --> 01:30:58,149

exploration of why nature is sacred

2014

01:31:03,569 --> 01:31:00,669

you know how as kids we ask questions

2015

01:31:06,059 --> 01:31:03,579

and you know the lazy parent will go

2016

01:31:08,579 --> 01:31:06,069

just because you know well just because

2017

01:31:10,290 --> 01:31:08,589

one you know answer the question or just

2018

01:31:12,750 --> 01:31:10,300

because actually I don't know the answer

2019

01:31:15,899 --> 01:31:12,760

is just because and I wanted to make

2020

01:31:18,659 --> 01:31:15,909

sure that there was no just because not

2021

01:31:20,609 --> 01:31:18,669

that I had an answer for everything but

2022

01:31:23,689 --> 01:31:20,619

that it was clear that I had thought

2023

01:31:28,109 --> 01:31:23,699

through everything so that I wasn't

2024

01:31:29,609 --> 01:31:28,119

sitting on an unexplored assumption and

2025

01:31:32,729 --> 01:31:29,619

those are so hard like unexplored

2026

01:31:35,609 --> 01:31:32,739

prejudices oryx are assumptions which is

2027

01:31:38,309 --> 01:31:35,619

so fundamental so we don't know they're

2028

01:31:40,379 --> 01:31:38,319

there and that's the same well

2029

01:31:43,679 --> 01:31:40,389

prejudices come from those assumptions

2030

01:31:46,259 --> 01:31:43,689

those basic beliefs which are so

2031

01:31:48,000 --> 01:31:46,269

fundamental to our nature as individuals

2032

01:31:50,609 --> 01:31:48,010

as people in certain communities

2033

01:31:52,889 --> 01:31:50,619

cultures that we don't actually know

2034

01:31:55,799 --> 01:31:52,899

they're there and materialism is one of

2035

01:31:58,169 --> 01:31:55,809

those those those assumptions not one

2036

01:32:02,189 --> 01:31:58,179

that I have had but I see all around me

2037

01:32:05,849 --> 01:32:02,199

our language supports it and when you're

2038

01:32:09,020 --> 01:32:05,859

when realizing that you know that nature

2039

01:32:14,270 --> 01:32:09,030

is sacred nature is minded is such a

2040

01:32:17,849 --> 01:32:14,280

totally different fundamental paradigm

2041

01:32:19,520 --> 01:32:17,859

that then I realized that that the

2042

01:32:23,009 --> 01:32:19,530

ethics book is really quite difficult

2043

01:32:25,409 --> 01:32:23,019

but if you have that paradigm that

2044

01:32:28,169 --> 01:32:25,419

nature is minded then the ethics makes

2045

01:32:29,939 --> 01:32:28,179

sense so having written the ethics then

2046

01:32:33,869 --> 01:32:29,949

I realized that people were finding this

2047

01:32:37,439 --> 01:32:33,879

hard why all bits because it is such a

2048

01:32:37,960 --> 01:32:37,449

big leap from materialism to an animist

2049

01:32:42,520 --> 01:32:37,970

respect

2050

01:32:44,590 --> 01:32:42,530

I mean experiential comprehensive total

2051

01:32:46,980 --> 01:32:44,600

perception of animism not an

2052

01:32:51,400 --> 01:32:46,990

intellectual eyes concept of animism

2053

01:32:53,050 --> 01:32:51,410

when we live in a way where everything

2054

01:32:58,350 --> 01:32:53,060

we touch everything RIA

2055

01:33:01,900 --> 01:32:58,360

interact with we immediately and fully

2056

01:33:04,090 --> 01:33:01,910

recognize a sentient that's a different

2057

01:33:06,610 --> 01:33:04,100

experience and an experience that we

2058

01:33:10,480 --> 01:33:06,620

probably can never completely get there

2059

01:33:12,130 --> 01:33:10,490

I mean we are imaged in this materialism

2060

01:33:14,530 --> 01:33:12,140

whether we like it or not

2061

01:33:16,450 --> 01:33:14,540

and what I find and by the way your

2062

01:33:18,910 --> 01:33:16,460

books are brilliantly written they're

2063

01:33:20,350 --> 01:33:18,920

just beautifully written Isis someone

2064

01:33:22,180 --> 01:33:20,360

who's published one book and just

2065

01:33:25,000 --> 01:33:22,190

struggled mightily to get it out it's

2066

01:33:30,190 --> 01:33:25,010

also they're in awe of what you do but

2067

01:33:33,880 --> 01:33:30,200

it is it is okay that we are only trying

2068

01:33:35,530 --> 01:33:33,890

to expand our comfort zone by being more

2069

01:33:37,630 --> 01:33:35,540

in that space in being less

2070

01:33:39,880 --> 01:33:37,640

materialistic because anyone who moves

2071

01:33:41,380 --> 01:33:39,890

in that direction feels that freedom

2072

01:33:44,590 --> 01:33:41,390

even if we can't get all the way there

2073

01:33:47,140 --> 01:33:44,600

right well yes I think so yes I think so

2074

01:33:51,070 --> 01:33:47,150

but also understanding that there are

2075

01:33:55,300 --> 01:33:51,080

cultures that have that complete

2076  
01:33:56,920 --> 01:33:55,310  
animistic foundation you know the Native

2077  
01:33:59,620 --> 01:33:56,930  
American cultures the cultures that I

2078  
01:34:05,440 --> 01:33:59,630  
interacted with us as a child in the

2079  
01:34:08,710 --> 01:34:05,450  
Amazon the Amazonian Indians and folks

2080  
01:34:10,300 --> 01:34:08,720  
that I was engaging with philosophically

2081  
01:34:12,670 --> 01:34:10,310  
in Japan and the Shinto communities

2082  
01:34:16,210 --> 01:34:12,680  
people who are talking about Shintoism

2083  
01:34:18,190 --> 01:34:16,220  
they're absolutely non materialistic in

2084  
01:34:21,730 --> 01:34:18,200  
terms of their philosophical perspective

2085  
01:34:26,290 --> 01:34:21,740  
completely animistic and the great

2086  
01:34:29,650 --> 01:34:26,300  
divide between that and the material the

2087  
01:34:33,730 --> 01:34:29,660  
materialistic is is so big that the the

2088  
01:34:36,790 --> 01:34:33,740

lack of understanding is profound I did

2089

01:34:39,180 --> 01:34:36,800

a conference I also work with a called

2090

01:34:42,490 --> 01:34:39,190

honoring the ancient dead which is um

2091

01:34:45,850 --> 01:34:42,500

looking after ancient human remains or

2092

01:34:48,060 --> 01:34:45,860

ancient ancestors that are exhumed you

2093

01:34:50,290 --> 01:34:48,070

know the bones of that's a long dead

2094

01:34:51,489 --> 01:34:50,300

that are exhumed and then put into

2095

01:34:53,250 --> 01:34:51,499

museums

2096

01:34:55,870 --> 01:34:53,260

in store cupboards you know just

2097

01:34:58,330 --> 01:34:55,880

disrespected and honoring the ancient

2098

01:34:59,919 --> 01:34:58,340

dead puts forward this this

2099

01:35:01,989 --> 01:34:59,929

understanding this perspective that

2100

01:35:03,879 --> 01:35:01,999

these are people they're not just

2101  
01:35:04,959 --> 01:35:03,889  
they're not just bones they're not just

2102  
01:35:07,629 --> 01:35:04,969  
bits of stuff

2103  
01:35:09,250 --> 01:35:07,639  
they're people yeah but all that all

2104  
01:35:12,669 --> 01:35:09,260  
that just gets a little bit problematic

2105  
01:35:14,439 --> 01:35:12,679  
I kind of always recoil when people say

2106  
01:35:17,469 --> 01:35:14,449  
that yeah that's so the Amazon II and

2107  
01:35:19,629 --> 01:35:17,479  
people are animistic until somebody

2108  
01:35:21,759 --> 01:35:19,639  
walks in with a frickin machete and then

2109  
01:35:23,469 --> 01:35:21,769  
they say wow you know this kind of works

2110  
01:35:26,049 --> 01:35:23,479  
pretty good and the next day somebody

2111  
01:35:27,969 --> 01:35:26,059  
walks in with a chainsaw and some people

2112  
01:35:29,290 --> 01:35:27,979  
say no but some people say yes and I

2113  
01:35:31,569 --> 01:35:29,300

also relate to your other story where

2114

01:35:33,969 --> 01:35:31,579

you talk to the you know Native American

2115

01:35:35,919 --> 01:35:33,979

Canadian people who are honest and say

2116

01:35:38,620 --> 01:35:35,929

gee we have a hard time stripping out

2117

01:35:40,689 --> 01:35:38,630

some of the dogma and the orthodoxy

2118

01:35:42,819 --> 01:35:40,699

that's kind of hung around for a long

2119

01:35:44,439 --> 01:35:42,829

time I mean it's all you know we're all

2120

01:35:46,270 --> 01:35:44,449

trying to figure out the same thing I

2121

01:35:49,419 --> 01:35:46,280

think we're all someplace in that gray

2122

01:35:51,759 --> 01:35:49,429

area I'm not totally on board with it

2123

01:35:54,219 --> 01:35:51,769

you can be totally animistic I think you

2124

01:35:55,359 --> 01:35:54,229

can be kind of more in that then a lot

2125

01:35:57,759 --> 01:35:55,369

of us could move in that direction

2126  
01:36:00,279 --> 01:35:57,769  
pretty comfortably without without ever

2127  
01:36:02,589 --> 01:36:00,289  
having to kind of pull back but I think

2128  
01:36:04,029 --> 01:36:02,599  
my my experience is that it's like you

2129  
01:36:05,799 --> 01:36:04,039  
know one of those cubes where all other

2130  
01:36:08,080 --> 01:36:05,809  
lines are drawn in and you can just

2131  
01:36:09,939 --> 01:36:08,090  
shift your perspective of which side is

2132  
01:36:12,370 --> 01:36:09,949  
front waist you know what I mean there's

2133  
01:36:13,299 --> 01:36:12,380  
sort of this there's a name for that I

2134  
01:36:16,450 --> 01:36:13,309  
can't remember what it is

2135  
01:36:18,640 --> 01:36:16,460  
yeah the Rubik's Cube yeah when you

2136  
01:36:20,049 --> 01:36:18,650  
shift on the anthem you know the front

2137  
01:36:21,399 --> 01:36:20,059  
is there and then you can shift your

2138  
01:36:23,879 --> 01:36:21,409

perspective in the front and the front

2139

01:36:28,029 --> 01:36:23,889

is the other side of the cube and that

2140

01:36:30,879 --> 01:36:28,039

instant shift of perspective is what I

2141

01:36:32,890 --> 01:36:30,889

feel it is I think you can you can see

2142

01:36:35,589 --> 01:36:32,900

everything is alive you can feel you can

2143

01:36:39,339 --> 01:36:35,599

react and respond moment by moment to

2144

01:36:41,950 --> 01:36:39,349

everything as minded or you can shift

2145

01:36:46,330 --> 01:36:41,960

your perspective and what is around you

2146

01:36:49,270 --> 01:36:46,340

is in art and that is I think a shift a

2147

01:36:51,370 --> 01:36:49,280

radical shift of perspective I think

2148

01:36:53,410 --> 01:36:51,380

there is a gray area in terms of the

2149

01:36:56,259 --> 01:36:53,420

intellectualizing or the understanding

2150

01:36:59,919 --> 01:36:56,269

of it but not the experience of it

2151  
01:37:03,040 --> 01:36:59,929  
moment to moment we could go on and on

2152  
01:37:05,320 --> 01:37:03,050  
it is so awesome talking to you and it's

2153  
01:37:07,930 --> 01:37:05,330  
been absolutely great I'm going

2154  
01:37:10,300 --> 01:37:07,940  
had you shared that wonderful list of

2155  
01:37:13,750 --> 01:37:10,310  
books that you have and I hope people do

2156  
01:37:16,750 --> 01:37:13,760  
check out one or more of these books

2157  
01:37:19,270 --> 01:37:16,760  
because they're really so fantastic I

2158  
01:37:21,430 --> 01:37:19,280  
think you really enjoy them thanks again

2159  
01:37:23,410 --> 01:37:21,440  
I can I can write it away which is a bit

2160  
01:37:26,980 --> 01:37:23,420  
more coherent than talking and I'm

2161  
01:37:28,810 --> 01:37:26,990  
rambling with indecision so I think my

2162  
01:37:30,700 --> 01:37:28,820  
mind goes all over the place but our

2163  
01:37:33,790 --> 01:37:30,710

conversation over the last hours there

2164

01:37:37,210 --> 01:37:33,800

has been all over the place like a swarm

2165

01:37:39,640 --> 01:37:37,220

of honeybees it's great well I took the

2166

01:37:42,640 --> 01:37:39,650

lead in one of your presentations where

2167

01:37:45,310 --> 01:37:42,650

you said that you don't like to prepare

2168

01:37:47,200 --> 01:37:45,320

too much in advance because the only

2169

01:37:49,810 --> 01:37:47,210

thing that's ever happening is what's

2170

01:37:51,430 --> 01:37:49,820

happening now so I think we lived up to

2171

01:37:54,280 --> 01:37:51,440

that to a certain extent and that's

2172

01:37:55,660 --> 01:37:54,290

awesome absolutely I don't prepare much

2173

01:37:58,150 --> 01:37:55,670

in advance it is moment-to-moment

2174

01:38:01,560 --> 01:37:58,160

because it's about relationship and it's

2175

01:38:03,700 --> 01:38:01,570

been great talking to you Alex thank you

2176  
01:38:05,590 --> 01:38:03,710  
thanks again to Emma for joining me

2177  
01:38:07,060 --> 01:38:05,600  
today on skeptic oh there are many

2178  
01:38:08,830 --> 01:38:07,070  
questions I could T up from this

2179  
01:38:11,650 --> 01:38:08,840  
interview but I'll just pick the easiest

2180  
01:38:14,800 --> 01:38:11,660  
obvious one has science ultimately

2181  
01:38:16,480 --> 01:38:14,810  
failed us in the balance good and bad we

2182  
01:38:18,790 --> 01:38:16,490  
can look at our lasers and our iPhones

2183  
01:38:20,170 --> 01:38:18,800  
and our GPS but on the other side you

2184  
01:38:22,750 --> 01:38:20,180  
can look at the things that you might

2185  
01:38:23,770 --> 01:38:22,760  
not like about society culture or the

2186  
01:38:26,350 --> 01:38:23,780  
way things are going

2187  
01:38:28,720 --> 01:38:26,360  
however you slice that has science

2188  
01:38:31,000 --> 01:38:28,730

failed us is the question of course the

2189

01:38:33,250 --> 01:38:31,010

place to weigh in with your answer is

2190

01:38:35,590 --> 01:38:33,260

through the sceptical website or the

2191

01:38:37,030 --> 01:38:35,600

skeptical forum please join the forum if

2192

01:38:38,650 --> 01:38:37,040

you haven't we get some really really

2193

01:38:40,810 --> 01:38:38,660

smart interesting people over there and

2194

01:38:42,910 --> 01:38:40,820

they create a great dialogue I know many

2195

01:38:45,880 --> 01:38:42,920

of our guests join us after the show and

2196

01:38:48,340 --> 01:38:45,890

that creates a great interaction too so

2197

01:38:50,440 --> 01:38:48,350

please if you're inclined to do so join

2198

01:38:52,330 --> 01:38:50,450

the forum of course you also want to

2199

01:38:53,920 --> 01:38:52,340

download any previous shows that you

2200

01:38:57,970 --> 01:38:53,930

missed and you can do all that for free

2201

01:39:00,130 --> 01:38:57,980

at The Skeptical website ske p TI k o

2202

01:39:02,080 --> 01:39:00,140

comm you can also leave a comment there

2203

01:39:03,400 --> 01:39:02,090

drop me a note whatever you like stay

2204

01:39:05,500 --> 01:39:03,410

connected with the show share the show

2205

01:39:08,160 --> 01:39:05,510

all that good stuff and stick around for

2206

01:39:11,620 --> 01:39:08,170

more skeptical I have some good episode